



School Meals Heating and Storage Instructions – WEEK 3

- **Consume hot foods immediately within 2 hours of meals pick up.**
- **Store cold foods in refrigerator** at 41 degrees or below, including *milk, juice, cheese, cupped fruits, and vegetables.*
- **Store frozen foods in freezer** at 32 degrees or below including already frozen items like *pizza, chicken, burritos, hamburgers, corn dogs, hot dogs, meat & cheese sandwiches, frozen vegetables, etc.*
- **Thaw frozen sandwiches in refrigerator** before eating, including *meat and cheese sandwiches.*
- **To reheat foods in microwave**, unwrap or take food out of container. Place food item on paper towel, napkin, plate or in a bowl. *Reheat hot foods to at least 165 degrees before eating.* Keep hot foods at 135 degrees or above until eaten. **DO NOT MICROWAVE FOODS IN FOIL, FOAM CONTAINERS, PLASTIC CUPS, OR BAGS!**
- **Store dry foods in cupboard**, including *crackers, dried fruits, and dry cereals.*
- **Discard all refrigerated foods after 7 days of receiving it.**

****Menus are subject to change without notice due to product availability!**

TANGERINE CHICKEN – ALLERGENS: Eggs, Soy, Wheat

INGREDIENTS: Diced Chicken Leg Meat, Water, Sodium Phosphates. Battered and Breaded With: Whole Wheat Flour, Water, Corn Starch, Salt, Modified Corn Starch, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Dextrose, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Garlic Powder, Onion Powder, Spices, Extractives of Paprika, Spice Extractives. Pre-dusted with: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour, Wheat Gluten, Dried Egg Whites, Salt, Sodium Acid Pyrophosphate, Leavening (Sodium Bicarbonate), Extractives of Paprika. Tangerine Sauce: Water, Brown Sugar, Distilled White Vinegar, Soy Sauce (Water, Soybeans, Salt, Wheat Flour), Contains Less Than 2 % of Tangerine Juice Concentrate, Spices, Garlic, Crushed Chili Peppers, Yeast Extract, Citric Acid, Modified Corn Starch, Cultured Dextrose, Maltodextrin, Xanthan Gum.

To Heat: *Remove from package and place chicken pieces on oven safe pan and bake 40-45 minutes until golden brown and crispy in a preheated oven to 350/400 degrees to an internal temperature of 165 degrees. **To Heat Sauce:** place bag of sauce in a pan of boiling water 10-12 minutes until temperature reaches 165 degrees. Pour over heated chicken pieces.*

BROWN RICE - ALLERGENS: no known allergens

INGREDIENTS: whole grain parboiled brown rice

To Heat: *For Microwave – Remove from packaging and place rice in microwave safe bowl. Cover with damp paper towel or napkin. Heat in microwave until rice reaches 165 degrees. Fluff rice and serve.*

CHEESE PIZZA – ALLERGENS: wheat, soy, milk

INGREDIENTS: Water, Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Nutrient Blend [Wheat Starch, Niacin, Reduced Iron, Water, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid and Tricalcium Phosphate]), Tomato Paste (Not less than 28% NTSS), Soybean Oil, Soy Flour, Contains 2% or less of: Casein, Milk Protein Concentrate, Dextrose, Spice Blend (Salt, Sugar, Onion Powder, Spices, Xanthan and Guar Gum, Garlic Powder, 2% or less of: Potassium Sorbate, Citric Acid, Propylene Glycol, Tricalcium Phosphate), Modified Corn Starch, Yeast Blend (Yeast, Sorbitan Monostearate, May Contain Ascorbic Acid), Modified Potato Starch, Salt, Sodium Aluminum Phosphate, Disodium Phosphate, Mozzarella Cheese Type Flavor (Mozzarella Cheese [Milk, Culture, Rennet, Salt], Milk Solids, Disodium Phosphate), Lactic Acid, Sorbic Acid, Nutrient Blend (Magnesium Oxide, Zinc Oxide, Calcium Pantothenate, Riboflavin And Vitamin B-12), Ascorbic Acid, Vitamin A Palmitate

To Heat: *For Oven – Remove from package and place pizza on a lightly greased baking sheet. Cook at 400°F for 21 to 24 minutes until cheese is melted and browning slightly. Refrigerate or discard any unused portion.*

BREADED CHICKEN PATTY ON BUN – ALLERGENS: wheat

INGREDIENTS: Chicken, chicken broth, sodium phosphates, salt, flavorings. BREADED WITH: Whole wheat flour, water, enriched wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), salt, modified corn starch, spices, dextrose, garlic powder, extractives of paprika and annatto, spice extractives. Breeding set in vegetable oil.

To Heat: *For Oven – remove chicken from packaging and place frozen patties on oven safe pan in preheated oven at 400 degrees for 15 -20 minutes to an internal temperature of 165 degrees.*

HAMBURGER BUNS – ALLERGENS: wheat

INGREDIENTS: water, whole wheat flour, enriched unbleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, wheat gluten, yeast, contains 2% or less of the following: soybean oil, salt, dough conditioners (monoglycerides, sodium stearoyl lactylate, ascorbic acid, calcium sulfate, enzymes), monocalcium phosphate, calcium propionate (preservative)

BEEF HOT DOG ON A BUN – ALLERGENS: No information

INGREDIENTS: Beef, water, dextrose, contains 2% or less of sea salt, potassium lactate, flavorings, sodium diacetate, sodium erythorbate, paprika, extractives of paprika, sodium nitrite. Naturally Hickory Smoked, Fully Cooked, No Added MSG, Gluten Free, Made with Sea Salt, No Added Phosphates

To Heat: For Stove Top – Remove hot dogs from packaging and fill a saucepan with a small amount of water. Heat water to a rolling boil. Add hot dogs to the boiling water and simmer to an internal temperature of 140 degrees.

HOT DOG BUNS – ALLERGENS: wheat

INGREDIENTS: water, whole wheat flour, enriched unbleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, wheat gluten, yeast, contains 2% or less of the following: soybean oil, salt, dough conditioners (monoglycerides, sodium stearoyl lactylate, ascorbic acid, calcium sulfate, enzymes), monocalcium phosphate, calcium propionate (preservative).

TACO MEAT – ALLERGENS: wheat

BEEF: Ground Beef (No More Than 30% Fat), Water, Textured Vegetable Protein Product (Soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [B1], Pyridoxine Hydrochloride [B6], Riboflavin [B2], Cyanocobalamin [B12], Salt and Potassium Chloride, Flavorings, Sugar, Sodium Phosphates.

SEASONING:

salt, onion powder, spice, paprika, degermed yellow corn meal, corn syrup solids, maltodextrin, enriched flour bleached (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), cocoa, citric acid, garlic powder, corn oil, paprika extract (color), chili powder, black pepper, cumin, dry onion. **TOMATO PASTE:** Vine-ripened fresh tomatoes and naturally derived citric acid

To Heat: Remove from packaging and place on microwave safe plate, cover with damp paper towel and heat to internal temperature of 165 degrees.

BOSCO CHEESE STICKS – ALLERGENS: wheat, milk

INGREDIENTS: Crust: Flour blend [Whole-wheat flour, Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, enzyme, folic acid)], Water, Brown sugar, Corn oil, Dough conditioner (soybean oil, mono and diglycerides, soy shortening flakes), Salt, vital wheat gluten, Yeast, L-cysteine. Cheeses: Mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes). Reduced fat/reduced sodium mozzarella cheese (pasteurized part skim milk, nonfat milk, modified food starch*, cheese culture, salt, potassium chloride*, natural flavors*, annatto, vitamin A palmitate, enzymes), *Ingredients not in regular mozzarella cheese.

To Heat: For Oven - Remove cheese sticks from packaging and place thawed sticks on an oven safe pan. Bake in a preheated oven to 400 degrees for 7-9 minutes to 165 degrees internally. CAUTION: FILLING MAY BE HOT!

HAMBURGER ON BUN – ALLERGENS: No allergen information

INGREDIENTS: Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring.

To Heat: For microwave - Place beef patty on microwave safe plate and heat for 1-2 minutes till hot and reaches 165 degrees internally.

UNLABELLED BREAKFAST ITEMS**EGG and CHEESE BREAKFAST SANDWICH – ALLERGENS: egg, milk, soy, wheat**

INGREDIENTS: Fully Baked Whole Grain Roll: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Sugar. CONTAINS 2% OR LESS OF: Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Soybean Oil, Salt, Monoglycerides With Ascorbic Acid and Citric Acid (Anoxidants), Fumaric Acid, Calcium Propionate (Preservative), Calcium Sulfate, Enzymes, Wheat Starch, Ascorbic Acid. EGG PATTY: Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid. SHARP PASTEURIZED PROCESS AMERICAN CHEESE: Milk, Water, Cheese Culture, Salt, Sodium Citrate, Cream, Sodium Pyrophosphate, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Enzymes, Color Added, Soy Lecithin.

To Heat: OVEN: from thawed state, leave in oven ready film. Do not open. Preheat oven to 275 degrees f. Bake for 15-17 minutes.

MICROWAVE: from thawed state, leave in oven ready film. Do not open. Heat on high for 30-40 seconds.