

Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/03/2020																
Secondary Lunch TJ	Total	100														
Chicken Nuggets K-12 Proview	4 EACH	70	220	41	285	1.22	1.32	14.2	93	0.6	0	16.65	12.4	11.97	1.38	0.00
Hamburger on WW Bun 6-12	1 serving	15	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Macaroni & Cheese (6-12)	1 cup	85	343	30	458	3.07	1.57	433.6	289	1.27	11	17.18	45.43	9.87	5.71	*0.13
Broccoli frozen steamed	1/2 CUP	85	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Cocktail:canned,lt syrup	1/2 cup	85	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	85	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
BBQ Sauce Heinz	1 tbsp	15	40	0	260	0.00	0.36	0.0	0	0.0	8	0.0	10.0	0.0	0.00	0.00
Ketchup & Mustard	serving	5	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	20	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			811	90	1043	11.82	4.54	816.5	6592	*75.38	*53	45.70	110.11	22.36	7.84	*0.19
% of Calories											*26.4%	22.5%	54.3%	24.8%	8.7%	*0.2%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 02/04/2020																
Secondary Lunch TJ	Total	100														
Meatball Sub	1 Sub (4 balls)	70	469	53	1153	7.10	3.44	113.3	1217	2.92	*5	22.88	35.18	26.94	12.00	1.33
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Baked Potato:TJFK	serving	15	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
Fresh Veggie Cup	1/2 cup	85	7	0	11	0.55	0.12	8.1	408	12.12	1	0.33	1.63	0.08	0.02	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	85	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
Pineapple Tidbits	1/2 cup	85	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Mayo Packet	PACKET	5	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			821	59	1722	14.47	6.20	513.5	3082	*44.83	*47	38.26	112.93	26.62	11.01	*1.04
% of Calories											*22.8%	18.6%	55.0%	29.2%	12.1%	*1.1%
Nutrient Guideline			750-850		1420										<10.00	

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Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/05/2020																
Secondary Lunch TJ	Total	100														
Chicken Patty Brd/WW Bun 6-12	70 serving	70	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Corn Dog Nuggets (K-12):FF	6 each	15	270	38	420	4.50	2.16	150.0	0	0.0	6	10.5	30.0	12.0	3.75	0.00
Salad Bar - Taco Salad:TJFK	15 serving	15	779	48	1613	15.01	8.42	459.9	2877	83.89	*28	32.01	94.65	31.17	9.63	*0.00
Lettuce & Tomato	1/2 cup	70	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Spicy Curly (9-12)	3/4 cup	85	160	0	430	2.00	1.08	0.0	0	6.0	*N/A*	2.0	20.0	8.0	2.00	0.00
Veg Choice Cooked 1/4 cup	1/4 CUP	15	19	0	8	1.15	0.26	9.8	1138	6.54	1	1.08	4.23	0.15	0.03	0.00
Apple Wedges	1/2 APPLE	85	53	0	1	2.43	0.12	6.1	55	4.66	11	0.26	13.98	0.17	0.03	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Ketchup & Mustard	35 serving	35	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			801	41	1279	11.45	5.57	434.2	1745	*37.27	*43	29.57	112.04	27.48	7.04	*0.00
% of Calories											*21.4%	14.8%	56.0%	30.9%	7.9%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Thu - 02/06/2020																
Secondary Lunch TJ	Total	100														
Spaghetti WG/Meat Sauce (6-12)	1 cup	67	287	32	678	5.26	3.62	52.0	1204	20.83	*2	18.72	32.92	9.3	3.37	*0.00
Salad Bar	33 serving	33	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Knot	Each Knot	67	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Caesar Salad	1 cup	67	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	1/2 cup	67	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Fresh Fruit Choice	1/2 cup	67	60	0	1	2.38	0.15	20.0	130	27.03	*0	0.83	15.43	0.2	0.05	0.00
Fruit Variety	1/2 CUP	67	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			778	88	1288	13.94	5.71	646.6	7638	*70.12	*36	41.40	105.43	22.95	8.05	*0.01
% of Calories											*18.4%	21.3%	54.2%	26.5%	9.3%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/07/2020																
Secondary Lunch TJ	Total	100														
Toasted Cheese WW Bread:9-12	1 EACH	70	326	38	937	2.87	1.60	184.2	303	0.13	4	13.52	34.36	16.92	8.27	*0.00
CHICKEN FAJITA WRAP: gr 9-12	1 EACH	15	260	25	711	5.05	1.16	42.5	26	1.15	*1	13.13	33.59	7.01	2.51	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Yogurt Variety Upstate Farms	4 oz	70	90	0	50	0.00	0.00	301.1	0	0.0	15	3.01	19.07	0.0	0.00	0.00
Soup,Tomato 1 C	1 CUP	85	105	1	477	0.92	0.67	76.1	494	6.13	*14	3.84	21.69	0.0	0.00	*0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Mayo Packet	PACKET	15	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			790	62	1547	11.93	3.88	826.2	6794	*51.06	*69	33.77	126.81	18.63	8.04	*0.01
% of Calories											*34.8%	17.1%	64.2%	21.2%	9.2%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Mon - 02/10/2020																
Secondary Lunch TJ	Total	100														
Chicken Patty Breaded	1 EACH	70	230	30	280	1.00	1.80	20.0	100	1.2	0	12.0	12.0	15.0	3.00	0.00
Hamburger on WW Bun 6-12	1 serving	15	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Mashed Potatoes 9-12	1 CUP	85	136	0	649	3.02	0.54	30.2	0	13.59	2	3.02	30.2	0.0	0.00	0.00
Low Fat Gravy (BROTH)	1 OZ	5	14	0	94	0.07	0.17	1.7	0	0.0	*0	0.76	2.21	0.17	0.04	*N/A*
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
California Blend	1/2 CUP	85	23	0	23	2.53	0.44	23.7	4428	22.22	2	1.57	4.64	0.27	0.04	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
PEACHES: canned,light syrup	1/2 cup	85	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Ketchup & Mustard	serving	45	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Weighted Daily Average			770	57	1457	12.87	4.83	484.2	9588	*71.54	*37	32.33	114.03	21.84	5.51	*0.08
% of Calories											*19.4%	16.8%	59.2%	25.5%	6.4%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 02/11/2020																
Secondary Lunch TJ	Total	100														
French Toast Sticks WG 9-12	5 PIECES	70	337	0	350	3.75	2.50	293.8	539	0.0	14	7.5	43.75	15.0	2.50	0.00
sausage link turkey Jennie O	2 links	70	120	60	200	0.00	0.72	40.0	84	0.0	*N/A*	12.0	0.0	8.0	2.00	0.00
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Baked Potato:TJFK	serving	15	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
Potato Tri Tator, 2 oz. :LW	2 PIECES	85	339	0	738	3.99	1.44	0.0	0	4.78	0	3.99	39.87	15.95	4.98	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Orange	Orange 1	85	86	0	0	4.42	0.18	73.6	414	97.89	17	1.73	21.62	0.22	0.03	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
SYRUP,PANCAKE	1 TBSP	1	46	0	16	0.00	0.01	0.6	0	0.0	4	0.0	12.06	0.0	0.00	*N/A*
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			1018	63	1485	14.87	5.84	692.0	6112	*123.21	*55	35.58	135.34	37.03	9.94	*0.10
% of Calories											*21.6%	14.0%	53.2%	32.7%	8.8%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

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Wed - 02/12/2020																
Secondary Lunch TJ	Total	100														
Hamburger on WW Bun 6-12	1 serving	70	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Pork Steak Advance Pierre	1 Each	15	273	35	395	2.03	1.82	40.5	0	0.0	1	14.17	18.22	16.2	4.56	0.00
Salad Bar - Taco Salad:TJFK	serving	15	779	48	1613	15.01	8.42	459.9	2877	83.89	*28	32.01	94.65	31.17	9.63	*0.00
Lettuce & Tomato	1/2 cup	70	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Sweet Crnkl C: 9-12	3/4 cup	70	240	0	345	3.00	0.54	30.0	4500	9.0	12	1.5	34.5	10.5	1.50	0.00
Mashed Potatoes 9-12	SERVING	15	136	0	649	3.02	0.54	30.2	0	13.59	2	3.02	30.2	0.0	0.00	0.00
Gravy Chicken Knorr 1oz	1 oz	15	30	0	130	0.00	0.00	0.0	300	0.0	1	0.0	4.0	1.0	0.00	0.00
Garlic Toast 1.2oz WG	1 Each	15	90	0	110	1.00	0.72	0.0	200	0.0	1	3.0	15.01	2.5	0.00	0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	35	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			836	48	1251	12.24	4.86	442.1	4724	*43.02	*42 *20.2%	30.99 14.8%	124.07 59.3%	25.86 27.8%	7.31 7.9%	*0.35 *0.4%
Nutrient Guideline			750-850		1420											<10.00

Thu - 02/13/2020																
Secondary Lunch TJ	Total	100														
TACO,BEEF sec	3 oz	70	210	49	795	0.78	3.54	43.8	504	2.85	*2	21.78	4.96	11.53	4.89	*0.00
Salad Bar	serving	30	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Tortilla WW Catallia 8"	2 each	70	240	0	480	2.00	1.44	40.0	0	0.0	*N/A*	6.0	40.0	7.0	1.00	0.00
Lettuce Shred 1/2 C	1/2 cup	70	4	0	3	0.33	0.11	5.0	138	0.77	1	0.25	0.82	0.04	0.00	0.00
Tomatoes Diced: 1/4 C	1/4 CUP	70	8	0	2	0.54	0.12	4.5	375	6.17	1	0.4	1.75	0.09	0.01	0.00
Corn Frozen 1/2 c	1/2 cup	70	67	0	1	1.98	0.39	2.5	164	2.89	3	2.1	15.92	0.55	0.08	0.00
Pears: canned,light syrup	1/2 cup	70	58	0	2	2.00	0.26	8.0	0	2.26	0	0.38	15.12	0.12	0.00	0.00
Fruit Variety	1/2 CUP	70	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Sorbet Variety	1 Each	70	70	0	5	3.00	0.36	60.0	2000	60.0	15	0.0	19.0	0.0	0.00	0.00
SOUR CREAM,Light Kemps	1 TABLE SPOON	50	20	5	18	0.00	0.00	30.0	100	0.0	*N/A*	0.5	1.5	1.25	0.75	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			767	90	1297	11.62	5.62	573.6	5253	*79.95	*46	39.84	111.69	20.63	7.01	*0.01
% of Calories											*23.9%	20.8%	58.3%	24.2%	8.2%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 02/18/2020																
Secondary Lunch TJ	Total	100														
Corn Dog Nuggets (K-12):FF	6 each	70	270	38	420	4.50	2.16	150.0	0	0.0	6	10.5	30.0	12.0	3.75	0.00
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Baked Potato:TJFK	serving	15	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
Doritos Variety Chips	Package	85	132	0	185	2.03	0.27	15.2	25	0.0	0	2.03	20.25	5.06	0.39	0.00
Salsa Rosarita	1/4 Cup	85	10	0	180	*N/A*	0.00	0.0	200	2.4	1	0.0	2.0	0.0	0.00	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	85	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
Veg Choice Raw	1/4 Cup	85	9	0	22	0.80	0.20	11.7	2024	7.63	1	0.4	2.05	0.07	0.02	0.00
Pineapple Tidbits	1/2 cup	85	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	85	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Ketchup & Mustard	serving	15	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Mayo Packet	PACKET	5	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			797	48	1569	*14.69	5.51	559.8	3848	*48.71	*45	31.48	126.27	20.49	5.58	*0.10
% of Calories											*22.8%	15.8%	63.4%	23.1%	6.3%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/19/2020																
Secondary Lunch TJ	Total	100														
Pizza French Bread 6"	1 Each	70	300	20	570	3.00	*N/A*	*N/A*	*N/A*	*N/A*	4	17.0	34.0	11.0	4.00	0.00
Toasted Cheese WW Bread:9-12	1 EACH	15	326	38	937	2.87	1.60	184.2	303	0.13	4	13.52	34.36	16.92	8.27	*0.00
Salad Bar - Taco Salad:TJFK	serving	15	779	48	1613	15.01	8.42	459.9	2877	83.89	*28	32.01	94.65	31.17	9.63	*0.00
MIXED VEGETABLES:1/2 Cup	1/2 CUP	85	59	0	32	4.00	0.75	22.8	3892	2.91	3	2.6	11.91	0.14	0.03	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Orange	Orange 1	85	86	0	0	4.42	0.18	73.6	414	97.89	17	1.73	21.62	0.22	0.03	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Ice Cream Bar	1 Each	85	180	20	45	0.09	*N/A*	*N/A*	*N/A*	*N/A*	14	2.0	18.0	12.0	9.00	*N/A*
Milk Skim LOL	half pint	10	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	60	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			849	51	1061	14.60	*2.97	*535.2	*8410	*119.50	*66	33.92	123.54	26.61	13.82	*0.00
% of Calories											*31.1%	16.0%	58.2%	28.2%	14.7%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	
Thu - 02/20/2020																
Secondary Lunch TJ	Total	100														
Sweet and Sour Chick Rice Bowl	SERVING	70	90	43	123	0.08	0.13	4.0	42	1.84	0	12.37	4.14	2.05	0.01	0.00
Salad Bar	serving	30	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
BROWN RICE: 9-12	1 CUP	70	296	0	102	2.91	1.06	10.9	0	0.0	*1	6.08	61.42	2.58	0.48	*0.00
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Peas frozen steamed	1/2 CUP	70	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
Veg Choice Raw	1/2 Cup	70	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fresh Fruit Choice	1/2 cup	70	60	0	1	2.38	0.15	20.0	130	27.03	*0	0.83	15.43	0.2	0.05	0.00
Fruit Variety	1/2 CUP	70	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			787	83	807	12.99	4.11	512.4	7249	*68.19	*37	37.72	126.49	15.05	3.94	*0.01
% of Calories											*18.9%	19.2%	64.3%	17.2%	4.5%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/21/2020																
Secondary Lunch TJ	Total	100														
Bosco Sticks Choice	Servings	70	270	28	470	3.50	1.98	275.0	400	1.8	*1	15.5	31.5	9.5	4.75	0.00
CHICKEN FAJITA WRAP: gr 9-12	1 EACH	15	260	25	711	5.05	1.16	42.5	26	1.15	*1	13.13	33.59	7.01	2.51	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Marinara Sauce Italian	1/2 cup	70	70	*N/A*	460	1.00	1.44	40.0	1000	15.0	9	2.0	12.0	*N/A*	*N/A*	*N/A*
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	85	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Variety Snack	1 each	100	132	0	130	1.80	0.50	48.1	0	0.0	*2	1.81	19.05	4.92	1.00	0.00
Mayo Packet	PACKET	15	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			762	*54	1230	14.19	4.97	694.1	7132	*65.60	*48	33.03	116.04	*18.34	*6.58	*0.01
% of Calories											*25.2%	17.3%	60.9%	*21.7%	*7.8%	*0.0%
Nutrient Guideline			750-850		1420									<10.00		

Mon - 02/24/2020																
Secondary Lunch TJ	Total	100														
Hamburger on WW Bun 6-12	1 serving	70	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Lettuce & Tomato	1/2 cup	85	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Spicy Curly (9-12)	3/4 cup	85	160	0	430	2.00	1.08	0.0	0	6.0	*N/A*	2.0	20.0	8.0	2.00	0.00
Apple Wedges	1/2 APPLE	85	53	0	1	2.43	0.12	6.1	55	4.66	11	0.26	13.98	0.17	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Variety Snack	1 each	85	132	0	130	1.80	0.50	48.1	0	0.0	*2	1.81	19.05	4.92	1.00	0.00
CATSUP & MUSTARD: individual	PC PACK	35	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
PC	ET 1 EA															
Mayo Packet	PACKET	15	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			836	64	1261	12.27	5.07	457.3	2291	*34.37	*44	32.14	115.98	28.52	8.33	*0.36
% of Calories											*21.2%	15.4%	55.5%	30.7%	9.0%	*0.4%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 02/25/2020																
Secondary Lunch TJ	Total	100														
SLOPPY JOE/ WW BUN (9-12)	SERVINGS	70	430	45	947	4.91	5.72	67.2	802	9.96	*16	27.24	51.34	14.08	5.41	*0.00
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Baked Potato:TJFK	serving	15	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
Doritos Variety Chips	Package	85	132	0	185	2.03	0.27	15.2	25	0.0	0	2.03	20.25	5.06	0.39	0.00
Fresh Veggie Cup	1/2 cup	85	7	0	11	0.55	0.12	8.1	408	12.12	1	0.33	1.63	0.08	0.02	0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Mandarin Oranges	1/2 cup	85	71	0	7	1.36	0.42	9.1	1467	22.23	*N/A*	0.61	18.21	0.16	0.01	*N/A*
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Ketchup & Mustard	serving	10	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Mayo Packet	PACKET	5	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			858	53	1319	13.43	7.16	462.6	4813	*65.28	*42	40.75	129.99	22.28	6.79	*0.10
% of Calories											*19.8%	19.0%	60.6%	23.4%	7.1%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/26/2020																
Secondary Lunch TJ	Total	100														
Quesadilla Chicken or Cheese	1 Piece	70	340	18	790	4.50	2.70	275.0	300	0.0	*N/A*	18.0	40.0	12.5	3.25	0.00
Goulash Hot Dish	.75 cup serving	15	247	25	970	5.02	3.37	57.4	1509	8.97	*1	15.77	31.85	6.63	2.65	*0.00
Salad Bar - Taco Salad:TJFK	1 serving	15	779	48	1613	15.01	8.42	459.9	2877	83.89	*28	32.01	94.65	31.17	9.63	*0.00
Garlic Toast 1.2oz WG	1 Each	15	90	0	110	1.00	0.72	0.0	200	0.0	1	3.0	15.01	2.5	0.00	0.00
Caesar Salad	1 cup	15	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
GARDEN SALAD No Dressing	SERVING 1 CUP	70	13	0	15	1.16	0.73	26.9	3654	8.6	1	1.0	2.66	0.19	0.03	0.00
Refried Beans Dehyd	1/2 CUP	85	140	0	510	8.00	1.80	40.0	0	1.2	0	8.0	24.0	1.5	0.50	0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
SOUR CREAM,Light Kemp	1 TABLE SPOON	10	20	5	18	0.00	0.00	30.0	100	0.0	*N/A*	0.5	1.5	1.25	0.75	0.00
Salad Dressing Composite	1 TBSP	40	29	1	143	0.08	0.05	4.7	30	0.46	2	0.22	2.5	2.12	0.25	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			806	33	1664	17.60	6.50	665.8	4889	*37.40	*31	38.15	123.67	19.55	5.91	*0.00
% of Calories											*15.6%	18.9%	61.4%	21.8%	6.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Thu - 02/27/2020																
Secondary Lunch TJ	Total	100														
Chicken Alfredo	1 cup	70	359	63	655	5.92	0.94	110.6	301	0.0	*0	19.88	27.3	17.51	8.11	0.00
Salad Bar	1 serving	30	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Toast 1.2oz WG	1 Each	70	90	0	110	1.00	0.72	0.0	200	0.0	1	3.0	15.01	2.5	0.00	0.00
Caesar Salad	1 cup	70	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	1/2 cup	70	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Fresh Fruit Choice	1/2 cup	70	60	0	1	2.38	0.15	20.0	130	27.03	*0	0.83	15.43	0.2	0.05	0.00
Fruit Variety	1/2 CUP	70	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Secondary Lunch TJ

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			780	106	1174	13.85	3.66	668.6	6975	*51.52	*34 *17.3%	41.54 21.3%	97.38 49.9%	25.67 29.6%	10.36 12.0%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

Fri - 02/28/2020																
Secondary Lunch TJ	Total	100														
Wild Mike's Cheese Bites	4 each	70	283	20	547	4.05	1.46	243.0	405	0.0	0	16.2	28.35	12.15	4.05	0.00
CHICKEN FAJITA WRAP: gr 9-12	1 EACH	15	260	25	711	5.05	1.16	42.5	26	1.15	*1	13.13	33.59	7.01	2.51	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Marinara Sauce Italian	1/2 cup	70	70	*N/A*	460	1.00	1.44	40.0	1000	15.0	9	2.0	12.0	*N/A*	*N/A*	*N/A*
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Variety Snack	1 each	85	132	0	130	1.80	0.50	48.1	0	0.0	*2	1.81	19.05	4.92	1.00	0.00
Mayo - Nugget Brand	1 tsp	15	90	10	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	10.0	1.50	*N/A*
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			770	*50	1267	14.21	4.65	660.8	7146	*56.26	*51 *26.6%	33.21 17.3%	115.58 60.0%	*19.62 *22.9%	*5.94 *6.9%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

Weighted Average			813	*63	1318	*13.50	*5.09	*591.4	*5794	*63.51	*46 *50.9%	36.08 17.7%	118.19 58.1%	*23.31 *25.8%	*7.72 *8.5%	*0.13 *0.1%
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Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)										
Calories	813		750 - 850	100%														
Cholesterol (mg)	63				Missing													
Sodium 1 (mg)	1318		1420															
Sodium 2 (mg)	1318		1080						238	Correction Required - Sodium too High								
Fiber (g)	13.50				Missing													
Iron (mg)	5.09				Missing													
Calcium (mg)	591.4				Missing													
Vitamin A (IU)	5794				Missing													
Sugars (g)	46	22.62%			Missing													
Vitamin C (mg)	63.51				Missing													
Protein (g)	36.08	17.75%																
Carbohydrate (g)	118.19	58.14%																
Total Fat (g)	23.31	25.80%			Missing													
Saturated Fat (g)	7.72	8.55%	<10.00%		Missing													
Trans Fat ¹ (g)	0.13	0.15%			Missing													

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