

Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/03/2020																
Secondary Lunch JFK	Total	100														
Chicken Nuggets K-12 Proview	4 EACH	70	220	41	285	1.22	1.32	14.2	93	0.6	0	16.65	12.4	11.97	1.38	0.00
Chicken Strips Tyson	3 each	15	260	25	390	3.00	1.80	40.0	100	0.0	*N/A*	15.0	16.0	15.0	2.50	0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Macaroni & Cheese (6-12)	1 cup	85	343	30	458	3.07	1.57	433.6	289	1.27	11	17.18	45.43	9.87	5.71	*0.13
Broccoli frozen steamed	1/2 CUP	85	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Cocktail:canned,lt syrup	1/2 cup	85	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	85	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
BBQ Sauce Heinz	1 tbsp	5	40	0	260	0.00	0.36	0.0	0	0.0	8	0.0	10.0	0.0	0.00	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			795	88	970	11.65	4.31	817.5	6553	*75.82	*51 *25.6%	45.29 22.8%	104.60 52.6%	23.10 26.1%	7.79 8.8%	*0.11 *0.1%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 02/04/2020																
Secondary Lunch JFK	Total	100														
Meatball Sub	1 Sub (4 balls)	70	469	53	1153	7.10	3.44	113.3	1217	2.92	*5	22.88	35.18	26.94	12.00	1.33
Salad Bar - Baked Potato:TJFK	serving	10	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
PBJ Pack	PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Fresh Veggie Cup	1/2 cup	80	7	0	11	0.55	0.12	8.1	408	12.12	1	0.33	1.63	0.08	0.02	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	80	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
Pineapple Tidbits	1/2 cup	80	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	80	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			792	67	1661	14.31	5.57	576.9	3414	*52.41	*45 *22.6%	38.47 19.4%	106.10 53.6%	26.19 29.8%	11.01 12.5%	*1.01 *1.1%
Nutrient Guideline			750-850		1420										<10.00	

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Secondary Lunch JFK

Portion Values - Detailed

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Wed - 02/05/2020																
Secondary Lunch JFK	Total	100														
Chicken Patty Brd/WW Bun 6-12	70 serving	70	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Cheeseburger/WW 51% Bun 6-12	15 serving	15	355	48	771	4.06	3.10	131.7	152	0.0	4	21.11	36.11	15.36	6.11	*0.50
Salad Bar	15 serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Lettuce & Tomato	85 1/2 cup	85	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Spicy Curly (9-12)	85 3/4 cup	85	160	0	430	2.00	1.08	0.0	0	6.0	*N/A*	2.0	20.0	8.0	2.00	0.00
Apple Wedges	85 1/2 APPLE	85	53	0	1	2.43	0.12	6.1	55	4.66	11	0.26	13.98	0.17	0.03	0.00
Fruit Variety	85 1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Ketchup & Mustard	5 serving	5	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Mayo Packet	1 PACKET	1	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk 1% LOL	40 half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	40 half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	20 half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			759	58	1140	10.72	4.82	430.6	2315	*35.48	*41	31.05	103.78	26.06	6.89	*0.08
% of Calories											*21.8%	16.4%	54.7%	30.9%	8.2%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

Thu - 02/06/2020																
Secondary Lunch JFK	Total	100														
Spaghetti WG/Meat Sauce (6-12)	70 1 cup	70	287	32	678	5.26	3.62	52.0	1204	20.83	*2	18.72	32.92	9.3	3.37	*0.00
Lasagna with Meat Sauce	10 Servings	10	490	42	659	6.76	4.73	318.3	870	9.7	*4	25.01	67.67	14.29	7.78	*0.00
PBJ Pack	10 PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	10 serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Knot	80 Each Knot	80	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Caesar Salad	90 1 cup	90	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	90 1/2 cup	90	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Fresh Fruit Choice	90 1/2 cup	90	60	0	1	2.38	0.15	20.0	130	27.03	*0	0.83	15.43	0.2	0.05	0.00
Fruit Variety	90 1/2 CUP	90	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	40 half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	40 half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	20 half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			861	61	1349	15.08	6.17	673.3	7210	*68.59	*35	41.99	121.23	25.29	8.96	*0.00
% of Calories											*16.4%	19.5%	56.3%	26.4%	9.4%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/07/2020																
Secondary Lunch JFK	Total	100														
Toasted Cheese WW Bread:9-12	1 EACH	70	326	38	937	2.87	1.60	184.2	303	0.13	4	13.52	34.36	16.92	8.27	*0.00
Turkey Deli/WW Bun 6-12	sandwich	15	289	45	609	3.05	2.01	11.6	2	0.0	*3	21.53	34.09	7.79	2.33	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Yogurt Variety Upstate Farms	4 oz	85	90	0	50	0.00	0.00	301.1	0	0.0	15	3.01	19.07	0.0	0.00	0.00
Soup, Tomato	1/2 cup	85	53	1	238	0.46	0.33	38.1	247	3.07	*7	1.92	10.84	0.0	0.00	*0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Baby Carrots 1/2 C	1/2 CUP	85	40	0	88	3.29	1.01	36.3	15638	2.95	5	0.73	9.34	0.15	0.03	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	85	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Mayo Packet	PACKET	10	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			763	64	1371	12.59	4.22	846.7	16462	*44.41	*64 *33.4%	33.74 17.7%	121.53 63.7%	18.24 21.5%	7.91 9.3%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

Mon - 02/10/2020																
Secondary Lunch JFK	Total	100														
Chicken Wings Bone In	Serving	70	240	115	629	0.00	0.72	0.0	0	0.0	0	19.98	0.0	12.99	4.00	0.00
Salad Bar	serving	30	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Mashed Potatoes 9-12	1 CUP	70	136	0	649	3.02	0.54	30.2	0	13.59	2	3.02	30.2	0.0	0.00	0.00
Gravy Chicken Knorr 2 oz	2 OZ	15	60	0	260	0.00	0.00	0.0	600	0.0	2	0.0	8.0	2.0	0.00	0.00
California Blend	1/2 CUP	70	23	0	23	2.53	0.44	23.7	4428	22.22	2	1.57	4.64	0.27	0.04	0.00
PEACHES: canned,light syrup	1/2 cup	70	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
Fruit Variety	1/2 CUP	70	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
BBQ Sauce Heinz	1 Cup	20	40	0	260	0.00	0.36	0.0	0	0.0	8	0.0	10.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Weighted Daily Average			751	134	1584	10.39	3.56	500.1	6546	*59.49	*37	38.34	95.91	21.10	6.33	*0.01
% of Calories											*19.8%	20.4%	51.1%	25.3%	7.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 02/11/2020																
Secondary Lunch JFK	Total	100														
French Toast Sticks WG 9-12	5 PIECES	70	337	0	350	3.75	2.50	293.8	539	0.0	14	7.5	43.75	15.0	2.50	0.00
sausage link turkey Jennie O	2 links	70	120	60	200	0.00	0.72	40.0	84	0.0	*N/A*	12.0	0.0	8.0	2.00	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Potato Tri Tator, 2 oz. :LW	2 PIECES	85	339	0	738	3.99	1.44	0.0	0	4.78	0	3.99	39.87	15.95	4.98	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Orange	Orange 1	85	86	0	0	4.42	0.18	73.6	414	97.89	17	1.73	21.62	0.22	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
SYRUP,PANCAKE	1 TBSP	1	46	0	16	0.00	0.01	0.6	0	0.0	4	0.0	12.06	0.0	0.00	*N/A*
Milk Skim LOL	half pint	50	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	10	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			999	73	1372	14.64	4.90	760.1	6017	*120.45	*58	35.06	131.31	36.89	9.70	*0.01
% of Calories											*23.1%	14.0%	52.6%	33.2%	8.7%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Wed - 02/12/2020																
Secondary Lunch JFK	Total	100														
Hamburger on WW Bun 6-12	1 serving	70	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Chicken Patty Brd/WW Bun 6-12	15 serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar	15 serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Lettuce & Tomato	1/2 cup	85	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Sweet Crnkl C: 9-12	3/4 cup	85	240	0	345	3.00	0.54	30.0	4500	9.0	12	1.5	34.5	10.5	1.50	0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	30	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Mayo - Nugget Brand	1 tsp	20	90	10	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	10.0	1.50	*N/A*
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			832	65	1081	11.58	4.41	438.6	6164	*38.93	*44	30.80	120.95	27.19	7.18	*0.36
% of Calories											*21.2%	14.8%	58.2%	29.4%	7.8%	*0.4%
Nutrient Guideline			750-850		1420										<10.00	

Thu - 02/13/2020																
Secondary Lunch JFK	Total	100														
Taco Meat 6-12	2 OZ	70	139	32	525	0.52	2.34	29.0	333	1.88	*1	14.39	3.28	7.62	3.23	*0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	15 serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Tortilla WW Catallia 8"	2 each	70	240	0	480	2.00	1.44	40.0	0	0.0	*N/A*	6.0	40.0	7.0	1.00	0.00
Lettuce Shred 1/2 C	1/2 cup	85	4	0	3	0.33	0.11	5.0	138	0.77	1	0.25	0.82	0.04	0.00	0.00
Tomatoes Diced: 1/4 C	1/4 CUP	85	8	0	2	0.54	0.12	4.5	375	6.17	1	0.4	1.75	0.09	0.01	0.00
Corn Frozen 1/2 c	1/2 cup	85	67	0	1	1.98	0.39	2.5	164	2.89	3	2.1	15.92	0.55	0.08	0.00
Pears: canned,light syrup	1/2 cup	85	58	0	2	2.00	0.26	8.0	0	2.26	0	0.38	15.12	0.12	0.00	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Sorbet Variety	1 Each	85	70	0	5	3.00	0.36	60.0	2000	60.0	15	0.0	19.0	0.0	0.00	0.00
SOUR CREAM,Light Kemps	1 TABLE SPOON	50	20	5	18	0.00	0.00	30.0	100	0.0	*N/A*	0.5	1.5	1.25	0.75	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			761	56	1061	11.94	4.63	575.3	4422	*82.08	*50 *26.5%	33.06 17.4%	122.68 64.5%	18.48 21.9%	5.68 6.7%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 02/18/2020																
Secondary Lunch JFK	Total	100														
Corn Dog Nuggets (K-12):FF	6 each	70	270	38	420	4.50	2.16	150.0	0	0.0	6	10.5	30.0	12.0	3.75	0.00
Chicken Strips WG Hot & Spicy	3 pieces	10	260	25	390	3.00	1.80	0.0	100	0.0	1	15.0	17.0	15.0	2.50	0.00
PBJ Pack	PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Tortilla Chips	1 oz	80	142	0	106	1.01	0.00	40.5	0	0.0	0	2.03	19.24	7.09	1.01	0.00
Salsa Rosarita	1/4 Cup	90	10	0	180	*N/A*	0.00	0.0	200	2.4	1	0.0	2.0	0.0	0.00	0.00
Veg Choice Raw	1/4 Cup	90	9	0	22	0.80	0.20	11.7	2024	7.63	1	0.4	2.05	0.07	0.02	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	90	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
Pineapple Tidbits	1/2 cup	90	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety	1/2 CUP	90	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
CATSUP & MUSTARD: individual PC	PC PACK ET 1 EA	35	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Milk 1% LOL	half pint	20	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			784	51	1398	*13.29	4.66	600.5	3541	*34.42	*52 *26.6%	30.11 15.4%	125.47 64.0%	20.32 23.3%	5.13 5.9%	*0.00 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/19/2020																
Secondary Lunch JFK	Total	100														
Pizza French Bread 6"	1 Each	70	300	20	570	3.00	*N/A*	*N/A*	*N/A*	*N/A*	4	17.0	34.0	11.0	4.00	0.00
Pizza French Bread 6"	1 Each	15	300	20	570	3.00	*N/A*	*N/A*	*N/A*	*N/A*	4	17.0	34.0	11.0	4.00	0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
MIXED VEGETABLES:1/2 Cup	1/2 CUP	85	59	0	32	4.00	0.75	22.8	3892	2.91	3	2.6	11.91	0.14	0.03	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Orange	Orange 1	85	86	0	0	4.42	0.18	73.6	414	97.89	17	1.73	21.62	0.22	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Ice Cream Bar	1 Each	100	180	20	45	0.09	*N/A*	*N/A*	*N/A*	*N/A*	14	2.0	18.0	12.0	9.00	*N/A*
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			809	67	863	14.07	*1.90	*479.2	*8943	*118.14	*65	34.03	116.12	25.58	14.02	*0.01
% of Calories											*32.4%	16.8%	57.4%	28.4%	15.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	
Thu - 02/20/2020																
Secondary Lunch JFK	Total	100														
Teriyaki Chick Rice Bowl	SERVING	70	104	43	481	0.32	0.32	6.4	185	2.8	0	12.73	7.66	2.12	0.01	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
BROWN RICE: 9-12	1 CUP	70	296	0	102	2.91	1.06	10.9	0	0.0	*1	6.08	61.42	2.58	0.48	*0.00
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Peas frozen steamed	1/2 CUP	85	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
Veg Choice Raw	1/4 Cup	85	9	0	22	0.80	0.20	11.7	2024	7.63	1	0.4	2.05	0.07	0.02	0.00
Fresh Fruit Choice	1/2 cup	85	60	0	1	2.38	0.15	20.0	130	27.03	*0	0.83	15.43	0.2	0.05	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			822	61	1006	12.95	4.00	513.6	5393	*61.90	*39	36.42	136.13	15.59	3.76	*0.01
% of Calories											*19.1%	17.7%	66.2%	17.1%	4.1%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 02/21/2020																
Secondary Lunch JFK	Total	100														
Pizza Bosco Sticks, WG	1 Each	70	480	50	1000	6.00	3.60	300.0	800	7.2	*3	*11.0	58.0	18.0	9.00	*0.00
Mozz Chz Sticks	5 pieces	15	393	30	383	3.02	1.45	453.8	403	0.0	2	18.15	31.26	21.18	8.07	0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Pretzel WG 1oz	1 each	15	70	0	65	1.00	0.72	0.0	0	0.0	*N/A*	2.0	14.0	0.5	0.00	0.00
Pizza Dipping Sauce	1/2 CUP	85	80	0	520	4.00	0.72	0.0	2000	4.8	*N/A*	2.0	14.0	1.0	0.00	0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			831	70	1543	16.58	5.48	693.5	8479	*54.71	*45 *21.9%	*29.39 *14.1%	125.24 60.3%	21.08 22.8%	9.16 9.9%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Mon - 02/24/2020																
Secondary Lunch JFK	Total	100														
Hamburger on WW Bun 6-12	1 serving	70	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Chicken Strips Tyson	3 each	15	260	25	390	3.00	1.80	40.0	100	0.0	*N/A*	15.0	16.0	15.0	2.50	0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Variety Snack	1 each	85	132	0	130	1.80	0.50	48.1	0	0.0	*2	1.81	19.05	4.92	1.00	0.00
Lettuce & Tomato	1/2 cup	85	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Spicy Curly (9-12)	3/4 cup	85	160	0	430	2.00	1.08	0.0	0	6.0	*N/A*	2.0	20.0	8.0	2.00	0.00
Apple Wedges	1/2 APPLE	85	53	0	1	2.43	0.12	6.1	55	4.66	11	0.26	13.98	0.17	0.03	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Ketchup & Mustard	serving	5	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			803	62	1214	11.93	4.92	455.5	2328	*32.67	*44 *21.8%	31.63 15.8%	112.36 56.0%	26.59 29.8%	7.88 8.8%	*0.36 *0.4%
Nutrient Guideline			750-850		1420										<10.00	

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/25/2020																
Secondary Lunch JFK	Total	100														
SLOPPY JOE/ WW BUN (9-12)	SERVINGS	70	430	45	947	4.91	5.72	67.2	802	9.96	*16	27.24	51.34	14.08	5.41	*0.00
Walking Taco	1 EACH	10	435	32	744	3.51	2.61	120.9	888	9.06	*3	19.16	44.57	21.93	5.28	*0.00
PBJ Pack	PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Doritos Variety Chips	Package	70	132	0	185	2.03	0.27	15.2	25	0.0	0	2.03	20.25	5.06	0.39	0.00
Fresh Veggie Cup	1/2 cup	90	7	0	11	0.55	0.12	8.1	408	12.12	1	0.33	1.63	0.08	0.02	0.00
Veg Choice Cooked	1/2 cup	90	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Mandarin Oranges	1/2 cup	90	71	0	7	1.36	0.42	9.1	1467	22.23	*N/A*	0.61	18.21	0.16	0.01	*N/A*
Fruit Variety - Fresh 1/2 Cup	1/2 cup	90	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			812	58	1184	12.79	6.25	498.4	4653	*69.02	*40	39.51	121.89	21.15	6.38	*0.00
% of Calories											*19.9%	19.5%	60.0%	23.4%	7.1%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Wed - 02/26/2020																
Secondary Lunch JFK	Total	100														
Quesadilla Cheese:5oz Max	1 each	70	360	15	810	5.00	2.70	350.0	300	0.0	*N/A*	18.0	42.0	14.0	4.00	0.00
Chicken & Cheese Burrito	1 EACH	15	330	25	570	4.00	1.08	100.0	750	21.0	3	17.0	33.0	11.0	6.00	0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
GARDEN SALAD SPINACH/RO MAINE	SERVING	85	36	1	156	0.90	0.69	27.3	3484	5.61	2	0.94	3.82	2.24	0.27	*0.00
Refried Beans Dehyd	1/2 CUP	85	140	0	510	8.00	1.80	40.0	0	1.2	0	8.0	24.0	1.5	0.50	0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
SOUR CREAM,Light Kemps	1 TABLE SPOON	50	20	5	18	0.00	0.00	30.0	100	0.0	*N/A*	0.5	1.5	1.25	0.75	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Bloomington Public Schools #271

Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			772	48	1498	16.81	5.15	713.8	5231	*35.90	*31 *16.3%	37.15 19.2%	115.58 59.9%	19.35 22.6%	6.36 7.4%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

Thu - 02/27/2020																
Secondary Lunch JFK	Total	100														
Chicken Alfredo	1 cup	70	359	63	655	5.92	0.94	110.6	301	0.0	*0	19.88	27.3	17.51	8.11	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Toast WW	1 EACH	70	80	0	140	1.00	0.72	0.0	100	0.0	*N/A*	2.0	11.0	3.5	1.00	0.00
Caesar Salad	1 cup	85	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Fresh Fruit Choice	1/2 cup	85	60	0	1	2.38	0.15	20.0	130	27.03	*0	0.83	15.43	0.2	0.05	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			821	86	1200	14.23	3.59	700.2	6573	*48.66	*35 *17.2%	40.38 19.7%	104.24 50.8%	27.94 30.6%	11.36 12.4%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

Fri - 02/28/2020																
Secondary Lunch JFK	Total	100														
Wild Mike's Cheese Bites	4 each	70	283	20	547	4.05	1.46	243.0	405	0.0	0	16.2	28.35	12.15	4.05	0.00
Pizza Round secondary	1 each	15	340	10	700	3.00	4.50	300.0	200	0.0	*N/A*	17.0	43.0	10.0	3.50	0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Marinara Sauce Italian	1/2 cup	70	70	*N/A*	460	1.00	1.44	40.0	1000	15.0	9	2.0	12.0	*N/A*	*N/A*	*N/A*
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Variety Snack	1 each	85	132	0	130	1.80	0.50	48.1	0	0.0	*2	1.81	19.05	4.92	1.00	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Feb 3, 2020 thru Feb 28, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

Page 11

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			771	*46	1256	13.72	5.27	697.1	7213	*54.60	*51	33.70	117.82	*18.51	*5.84	*0.01
% of Calories											*26.5%	17.5%	61.1%	*21.6%	*6.8%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Weighted Average			808	*68	1264	*13.29	*4.66	*609.5	*6192	*60.43	*46	*35.56	116.83	*23.26	*7.85	*0.11
											*51.4%	*17.6%	57.9%	*25.9%	*8.7%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	808		750 - 850	100%				
Cholesterol (mg)	68				Missing			
Sodium 1 (mg)	1264		1420					
Sodium 2 (mg)	1264		1080				184	Correction Required - Sodium too High
Fiber (g)	13.29				Missing			
Iron (mg)	4.66				Missing			
Calcium (mg)	609.5				Missing			
Vitamin A (IU)	6192				Missing			
Sugars (g)	46	22.83%			Missing			
Vitamin C (mg)	60.43				Missing			
Protein (g)	35.56	17.61%			Missing			
Carbohydrate (g)	116.83	57.85%						
Total Fat (g)	23.26	25.91%			Missing			
Saturated Fat (g)	7.85	8.75%	<10.00%		Missing			
Trans Fat ¹ (g)	0.11	0.12%			Missing			

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