

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

## Base Menu Spreadsheet

Secondary Lunch TJ

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 03/02/2020</b>																
Secondary Lunch TJ	Total	100														
Corn Dog Nuggets (K-12):FF	6 each	70	270	38	420	4.50	2.16	150.0	0	0.0	6	10.5	30.0	12.0	3.75	0.00
Hamburger on WW Bun 6-12	1 serving	15	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Doritos Variety Chips	Package	85	132	0	185	2.03	0.27	15.2	25	0.0	0	2.03	20.25	5.06	0.39	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	85	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
PEACHES: canned,light syrup	1/2 cup	85	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
Ketchup & Mustard	serving	5	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			756	62	1325	15.11	5.17	559.4	5599	*35.73	*36	31.16	120.48	18.75	5.26	*0.08
% of Calories											*19.0%	16.5%	63.8%	22.3%	6.3%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	
<b>Tue - 03/03/2020</b>																
Secondary Lunch TJ	Total	100														
Chicken Tangerine	3.9 oz	70	190	45	380	2.00	1.44	0.0	0	0.0	13	14.0	25.0	1.0	1.00	0.00
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Baked Potato:TJFK	serving	15	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
BROWN RICE: 9-12	1 CUP	70	296	0	102	2.91	1.06	10.9	0	0.0	*1	6.08	61.42	2.58	0.48	*0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Pineapple Tidbits	1/2 cup	85	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Mayo Packet	PACKET	10	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			797	53	851	12.29	4.97	429.9	6159	*49.56	*56	34.24	139.26	11.10	3.80	*0.11
% of Calories											*28.0%	17.2%	69.9%	12.5%	4.3%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

## Base Menu Spreadsheet

Secondary Lunch TJ

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 03/04/2020</b>																
Secondary Lunch TJ	Total	100														
Hamburger on WW Bun 6-12	1 serving	70	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Chicken Strips WG Hot & Spicy	3 pieces	8	260	25	390	3.00	1.80	0.0	100	0.0	1	15.0	17.0	15.0	2.50	0.00
Chicken Strips Tyson	3 each	7	260	25	390	3.00	1.80	40.0	100	0.0	*N/A*	15.0	16.0	15.0	2.50	0.00
Salad Bar - Taco Salad:TJFK	serving	15	779	48	1613	15.01	8.42	459.9	2877	83.89	*28	32.01	94.65	31.17	9.63	*0.00
Lettuce & Tomato	1/2 cup	85	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Roasted Red Potatoes 3/4 cup	3/4 cup	85	178	0	172	3.77	1.86	26.1	18	16.33	2	4.26	36.04	2.47	0.37	*0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	15	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
BBQ Sauce Heinz	SS Cup	5	40	0	260	0.00	0.36	0.0	0	0.0	8	0.0	10.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			782	46	1020	12.98	5.90	435.9	1591	*49.51	*35 *18.0%	32.83 16.8%	123.46 63.2%	19.90 22.9%	6.27 7.2%	*0.35 *0.4%
Nutrient Guideline			750-850		1420											<10.00

<b>Thu - 03/05/2020</b>																
Secondary Lunch TJ	Total	100														
Spaghetti WG/Meat Sauce (6-12)	1 cup	70	287	32	678	5.26	3.62	52.0	1204	20.83	*2	18.72	32.92	9.3	3.37	*0.00
Salad Bar	serving	30	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Caesar Salad	1 cup	70	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	1/2 cup	70	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Pears: canned,light syrup	1/2 cup	70	58	0	2	2.00	0.26	8.0	0	2.26	0	0.38	15.12	0.12	0.00	0.00
Fruit Variety	1/2 CUP	70	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	45	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	10	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	45	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			788	85	1308	13.84	5.87	633.4	7531	*52.89	*36 *18.2%	41.15 20.9%	107.24 54.5%	23.20 26.5%	8.15 9.3%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

## Base Menu Spreadsheet

Secondary Lunch TJ

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 03/10/2020</b>																
Secondary Lunch TJ	Total	100														
Pizza French Bread 6"	1 Each	70	300	20	570	3.00	*N/A*	*N/A*	*N/A*	*N/A*	4	17.0	34.0	11.0	4.00	0.00
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Baked Potato:TJFK	serving	15	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
ICE CREAM SANDWICH, MINI MITEY	1 each	100	100	10	55	0.00	0.00	40.0	0	0.0	*N/A*	2.0	16.0	3.0	1.50	0.00
Mayo Packet	PACKET	15	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			770	46	974	11.32	*3.13	*454.0	*6250	*48.58	*47	34.03	118.77	19.69	7.14	*0.10
% of Calories											*24.2%	17.7%	61.7%	23.0%	8.3%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

<b>Wed - 03/11/2020</b>																
Secondary Lunch TJ	Total	100														
Chicken Patty Brd/WW Bun 6-12	serving	70	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Taco Salad:TJFK	serving	30	779	48	1613	15.01	8.42	459.9	2877	83.89	*28	32.01	94.65	31.17	9.63	*0.00
Lettuce & Tomato	1/2 cup	70	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Sweet Crnkl C: 9-12	3/4 cup	70	240	0	345	3.00	0.54	30.0	4500	9.0	12	1.5	34.5	10.5	1.50	0.00
Fruit Cocktail:canned,lt syrup	1/2 cup	70	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	70	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Ketchup & Mustard	serving	5	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			878	42	1268	12.01	5.77	501.9	5193	*54.14	*50	32.03	120.46	30.75	7.26	*0.00
% of Calories											*23.0%	14.6%	54.9%	31.5%	7.4%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

## Base Menu Spreadsheet

Secondary Lunch TJ

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 03/12/2020</b>																
Secondary Lunch TJ	Total	100														
Taco Meat 6-12	2 OZ	70	139	32	525	0.52	2.34	29.0	333	1.88	*1	14.39	3.28	7.62	3.23	*0.00
Chicken Taco Meat	3 oz	30	111	46	425	0.00	2.03	20.3	101	1.22	0	15.19	3.04	4.05	1.01	*N/A*
Salad Bar	serving	30	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Tortilla WW Catallia 8"	2 each	70	240	0	480	2.00	1.44	40.0	0	0.0	*N/A*	6.0	40.0	7.0	1.00	0.00
Lettuce Shred 1/2 C	1/2 cup	70	4	0	3	0.33	0.11	5.0	138	0.77	1	0.25	0.82	0.04	0.00	0.00
Salsa Rosarita	1/4 Cup	70	10	0	180	*N/A*	0.00	0.0	200	2.4	1	0.0	2.0	0.0	0.00	0.00
Refried Beans Dehyd	1/2 CUP	70	140	0	510	8.00	1.80	40.0	0	1.2	0	8.0	24.0	1.5	0.50	0.00
Pineapple Tidbits	1/2 cup	70	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	70	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Sorbet Variety	1 Each	70	70	0	5	3.00	0.36	60.0	2000	60.0	15	0.0	19.0	0.0	0.00	0.00
SOUR CREAM,Light Kemp	1 TABLE SPOON	35	20	5	18	0.00	0.00	30.0	100	0.0	*N/A*	0.5	1.5	1.25	0.75	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			792	91	1712	*14.65	6.35	597.7	4936	*87.51	*51 *25.8%	43.08 21.8%	114.64 57.9%	19.53 22.2%	6.33 7.2%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

<b>Fri - 03/13/2020</b>																
Secondary Lunch TJ	Total	100														
French Toast Sticks WG 9-12	5 PIECES	70	337	0	350	3.75	2.50	293.8	539	0.0	14	7.5	43.75	15.0	2.50	0.00
sausage link turkey Jennie O	2 links	70	120	60	200	0.00	0.72	40.0	84	0.0	*N/A*	12.0	0.0	8.0	2.00	0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Potato Tri Tator, 2 oz. :LW	2 PIECES	70	339	0	738	3.99	1.44	0.0	0	4.78	0	3.99	39.87	15.95	4.98	0.00
Veg Choice Raw	1/2 Cup	70	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Orange	Orange 1	70	86	0	0	4.42	0.18	73.6	414	97.89	17	1.73	21.62	0.22	0.03	0.00
Fruit Variety - Canned	1/2 cup	70	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
SYRUP,PANCAKE	1 TBSP	5	46	0	16	0.00	0.01	0.6	0	0.0	4	0.0	12.06	0.0	0.00	*N/A*
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

## Base Menu Spreadsheet

Secondary Lunch TJ

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			855	72	1193	12.14	4.49	675.4	5369	*99.79	*50 *23.2%	31.29 14.6%	111.38 52.1%	31.26 32.9%	8.20 8.6%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Mon - 03/16/2020																
Secondary Lunch TJ	Total	100														
Chicken Wings Bone In	Serving	70	240	115	629	0.00	0.72	0.0	0	0.0	0	19.98	0.0	12.99	4.00	0.00
Hamburger on WW Bun 6-12	1 serving	15	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Macaroni & Cheese (6-12)	1 cup	70	343	30	458	3.07	1.57	433.6	289	1.27	11	17.18	45.43	9.87	5.71	*0.13
Garlic Toast 1.2oz WG	1 Each	70	90	0	110	1.00	0.72	0.0	200	0.0	1	3.0	15.01	2.5	0.00	0.00
Broccoli frozen steamed	1/2 CUP	85	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Apples,Fresh	1 APPLE	85	105	0	2	4.86	0.24	12.2	109	9.32	21	0.53	27.97	0.34	0.06	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
BBQ Sauce Heinz	1 tbsp	15	40	0	260	0.00	0.36	0.0	0	0.0	8	0.0	10.0	0.0	0.00	0.00
Ketchup & Mustard	serving	5	21	0	217	0.10	0.16	6.7	90	0.7	*4	0.41	4.98	0.24	0.01	*0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			885	138	1281	14.03	4.54	739.7	6505	*71.65	*59 *26.8%	47.46 21.5%	117.58 53.2%	24.02 24.4%	9.14 9.3%	*0.17 *0.2%
Nutrient Guideline			750-850		1420										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

Page 6

Generated on: 2/5/2020 11:27:46 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/17/2020																
Secondary Lunch TJ	Total	100														
Bosco Sticks	Servings	70	271	28	471	3.51	1.98	275.4	401	1.81	*2	15.53	31.58	9.53	4.76	0.00
Chicken Patty Brd/WW Bun 6-12	serving	15	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
Salad Bar - Baked Potato:TJFK	serving	15	660	65	1399	12.79	6.79	429.4	7907	92.09	*28	36.19	87.23	21.7	8.76	*0.70
Pizza Dipping Sauce	1/2 CUP	70	80	0	520	4.00	0.72	0.0	2000	4.8	*N/A*	2.0	14.0	1.0	0.00	0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fresh Fruit Choice	1/2 cup	85	60	0	1	2.38	0.15	20.0	130	27.03	*0	0.83	15.43	0.2	0.05	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Variety Snack	1 each	85	132	0	130	1.80	0.50	48.1	0	0.0	*2	1.81	19.05	4.92	1.00	0.00
Mayo Packet	PACKET	15	80	5	65	0.00	0.00	0.0	0	0.0	0	0.0	0.0	9.0	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			817	41	1323	16.63	5.36	655.6	7950	*67.65	*36	34.22	126.57	20.58	7.04	*0.10
% of Calories											*17.4%	16.7%	61.9%	22.7%	7.8%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

Wed - 03/18/2020																
Secondary Lunch TJ	Total	100														
Cheeseburger/WW 51% Bun 6-12	1 serving	70	355	48	771	4.06	3.10	131.7	152	0.0	4	21.11	36.11	15.36	6.11	*0.50
Fish Nuggets	4 Nuggets	15	210	18	330	2.00	1.44	20.0	0	0.0	1	15.0	18.0	9.0	1.50	0.00
Salad Bar - Taco Salad:TJFK	serving	15	779	48	1613	15.01	8.42	459.9	2877	83.89	*28	32.01	94.65	31.17	9.63	*0.00
Garlic Toast 1.2oz WG	1 Each	15	90	0	110	1.00	0.72	0.0	200	0.0	1	3.0	15.01	2.5	0.00	0.00
Lettuce & Tomato	1/2 cup	70	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potato Crinkle Cut GF	1/2 cup	85	173	0	213	1.33	0.48	0.0	0	4.8	0	2.67	28.02	6.0	0.67	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	85	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	5	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Tartar Sauce Packet	PACKET	1	23	2	97	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.94	1.72	0.19	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

Page 7

Generated on: 2/5/2020 11:27:46 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			909	50	1647	15.05	6.26	516.6	1577	*39.19	*32 *14.2%	39.37 17.3%	142.11 62.6%	23.76 23.5%	7.25 7.2%	*0.35 *0.3%
Nutrient Guideline			750-850		1420											<10.00

Thu - 03/19/2020																
Secondary Lunch TJ	Total	100														
Chicken Alfredo	1 cup	70	359	63	655	5.92	0.94	110.6	301	0.0	*0	19.88	27.3	17.51	8.11	0.00
Salad Bar	serving	30	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Toast 1.2oz WG	1 Each	70	90	0	110	1.00	0.72	0.0	200	0.0	1	3.0	15.01	2.5	0.00	0.00
Caesar Salad	1 cup	70	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	1/2 cup	70	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Fruit Variety - Canned	1/2 cup	70	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Fruit Variety	1/2 CUP	70	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			783	106	1176	13.20	3.83	660.2	6993	*38.41	*43 *21.9%	41.23 21.1%	98.61 50.4%	25.59 29.4%	10.33 11.9%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/20/2020																
Secondary Lunch TJ	Total	100														
Wild Mike's Cheese Bites	4 each	70	283	20	547	4.05	1.46	243.0	405	0.0	0	16.2	28.35	12.15	4.05	0.00
Walking Taco	1 EACH	15	435	32	744	3.51	2.61	120.9	888	9.06	*3	19.16	44.57	21.93	5.28	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Pizza Dipping Sauce	1/2 CUP	70	80	0	520	4.00	0.72	0.0	2000	4.8	*N/A*	2.0	14.0	1.0	0.00	0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Cookie Choc Chip Smart 1oz	1 EACH	85	110	15	110	1.00	0.36	0.0	100	0.0	8	2.0	18.0	3.0	1.00	0.00
SOUR CREAM,Light Kemps	1 TABLE SPOON	15	20	5	18	0.00	0.00	30.0	100	0.0	*N/A*	0.5	1.5	1.25	0.75	0.00
Milk Skim LOL	half pint	10	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	45	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	45	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			776	63	1290	15.39	4.24	608.2	8088	*50.19	*51	34.35	118.15	19.73	6.31	*0.01
% of Calories											*26.1%	17.7%	60.9%	22.9%	7.3%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	
Weighted Average			814	69	1259	*13.74	*5.07	*574.4	*5672	*57.29	*45	36.65	119.90	22.14	7.11	*0.10
											*49.4%	18.0%	58.9%	24.5%	7.9%	*0.1%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



# Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch TJ

Portion Values - Detailed

Page 9

Generated on: 2/5/2020 11:27:46 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	814		750 - 850	100%													
Cholesterol (mg)	69																
Sodium 1 (mg)	1259		1420														
Sodium 2 (mg)	1259		1080						179	Correction Required - Sodium too High							
Fiber (g)	13.74					Missing											
Iron (mg)	5.07					Missing											
Calcium (mg)	574.4					Missing											
Vitamin A (IU)	5672					Missing											
Sugars (g)	45	21.95%				Missing											
Vitamin C (mg)	57.29					Missing											
Protein (g)	36.65	18.00%															
Carbohydrate (g)	119.90	58.89%															
Total Fat (g)	22.14	24.47%															
Saturated Fat (g)	7.11	7.86%		<10.00%													
Trans Fat <sup>1</sup> (g)	0.10	0.11%				Missing											

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.