

Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/02/2020																
Secondary Lunch JFK	Total	100														
Corn Dog Nuggets (K-12):FF	6 each	70	270	38	420	4.50	2.16	150.0	0	0.0	6	10.5	30.0	12.0	3.75	0.00
Meatball Sub	1 Sub (4 balls)	10	469	53	1153	7.10	3.44	113.3	1217	2.92	*5	22.88	35.18	26.94	12.00	1.33
PBJ Pack	PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Doritos Variety Chips	Package	80	132	0	185	2.03	0.27	15.2	25	0.0	0	2.03	20.25	5.06	0.39	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	90	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
Veg Choice Raw	1/2 Cup	90	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
PEACHES: canned,light syrup	1/2 cup	90	53	0	6	1.30	0.38	6.0	340	3.81	0	0.5	13.39	0.13	0.00	0.00
Fruit Variety	1/2 CUP	90	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	5	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			787	55	1377	15.48	5.11	590.7	5570	*34.28	*38 *19.3%	31.25 15.9%	124.52 63.3%	20.39 23.3%	5.89 6.7%	*0.14 *0.2%
Nutrient Guideline			750-850		1420											<10.00

Tue - 03/03/2020																
Secondary Lunch JFK	Total	100														
Chicken Tangerine	3.9 oz	70	190	45	380	2.00	1.44	0.0	0	0.0	13	14.0	25.0	1.0	1.00	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
BROWN RICE: 9-12	1 CUP	70	296	0	102	2.91	1.06	10.9	0	0.0	*1	6.08	61.42	2.58	0.48	*0.00
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Pineapple Tidbits	1/2 cup	85	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			891	63	920	13.29	4.91	509.8	6220	*49.81	*60 *26.8%	36.47 16.4%	151.82 68.2%	14.97 15.1%	4.45 4.5%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Wed - 03/04/2020																
Secondary Lunch JFK	Total	100														
Hamburger on WW Bun 6-12	1 serving	70	320	40	561	4.06	3.10	31.7	2	0.0	3	17.61	35.11	13.36	4.86	*0.50
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Lettuce & Tomato	1/2 cup	70	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Roasted Red Potatoes 3/4 cup	3/4 cup	85	178	0	172	3.77	1.86	26.1	18	16.33	2	4.26	36.04	2.47	0.37	*0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	20	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Mayo - Nugget Brand	1 tsp	30	90	10	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	10.0	1.50	*N/A*
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			794	63	910	12.11	5.15	495.9	2241	*44.46	*38 *19.0%	33.08 16.7%	123.42 62.2%	21.72 24.6%	6.51 7.4%	*0.36 *0.4%
Nutrient Guideline			750-850		1420										<10.00	

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Thu - 03/05/2020																
Secondary Lunch JFK	Total	100														
Spaghetti WG/Meat Sauce (6-12)	1 cup	70	287	32	678	5.26	3.62	52.0	1204	20.83	*2	18.72	32.92	9.3	3.37	*0.00
Lasagna with Meat Sauce	Servings	10	490	42	659	6.76	4.73	318.3	870	9.7	*4	25.01	67.67	14.29	7.78	*0.00
PBJ Pack	PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Knot	Each Knot	80	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Caesar Salad	1 cup	90	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	1/2 cup	90	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Pears: canned,light syrup	1/2 cup	90	58	0	2	2.00	0.26	8.0	0	2.26	0	0.38	15.12	0.12	0.00	0.00
Fruit Variety	1/2 CUP	90	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			859	61	1350	14.74	6.27	662.5	7093	*46.30	*35 *16.4%	41.60 19.4%	120.95 56.3%	25.22 26.4%	8.91 9.3%	*0.00 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Tue - 03/10/2020																
Secondary Lunch JFK	Total	100														
Pizza Round secondary	1 each	70	340	10	700	3.00	4.50	300.0	200	0.0	*N/A*	17.0	43.0	10.0	3.50	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
GARDEN SALAD No Dressing	SERVING	85	13	0	15	1.16	0.73	26.9	3654	8.6	1	1.0	2.66	0.19	0.03	0.00
	1 CUP															
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Salad Dressing Composite	1 TBSP	15	29	1	143	0.08	0.05	4.7	30	0.46	2	0.22	2.5	2.12	0.25	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			752	38	1093	10.78	6.03	720.8	8788	*52.63	*49 *25.9%	32.59 17.3%	113.06 60.1%	19.61 23.5%	5.89 7.1%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/11/2020																
Secondary Lunch JFK	Total	100														
Chicken Patty Brd/WW Bun 6-12	70 serving	70	409	30	549	4.05	3.45	31.6	102	1.2	3	17.54	45.09	18.29	3.83	*0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Lettuce & Tomato	1/2 cup	85	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potatoes, Sweet Crnkl C: 9-12	3/4 cup	85	240	0	345	3.00	0.54	30.0	4500	9.0	12	1.5	34.5	10.5	1.50	0.00
Fruit Cocktail:canned,lt syrup	1/2 cup	85	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	85	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	20	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Mayo - Nugget Brand	1 tsp	1	90	10	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	10.0	1.50	*N/A*
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			847	52	1029	10.63	4.14	508.0	6295	*44.10	*56	30.36	119.44	28.94	6.25	*0.01
% of Calories											*26.5%	14.3%	56.4%	30.8%	6.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/12/2020																
Secondary Lunch JFK	Total	100														
Taco Meat 6-12	2 OZ	70	139	32	525	0.52	2.34	29.0	333	1.88	*1	14.39	3.28	7.62	3.23	*0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Tortilla WW Catalia 8"	2 each	70	240	0	480	2.00	1.44	40.0	0	0.0	*N/A*	6.0	40.0	7.0	1.00	0.00
Lettuce Shred 1/2 C	1/2 cup	85	4	0	3	0.33	0.11	5.0	138	0.77	1	0.25	0.82	0.04	0.00	0.00
Salsa Rosarita	1/4 Cup	85	10	0	180	*N/A*	0.00	0.0	200	2.4	1	0.0	2.0	0.0	0.00	0.00
Refried Beans Dehyd	1/2 CUP	85	140	0	510	8.00	1.80	40.0	0	1.2	0	8.0	24.0	1.5	0.50	0.00
Pineapple Tidbits	1/2 cup	85	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
Fruit Variety	1/2 CUP	85	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Sorbet Variety	1 Each	85	70	0	5	3.00	0.36	60.0	2000	60.0	15	0.0	19.0	0.0	0.00	0.00
SOUR CREAM,Light Kemps	1 TABLE SPOON	30	20	5	18	0.00	0.00	30.0	100	0.0	*N/A*	0.5	1.5	1.25	0.75	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			827	55	1641	*15.76	5.92	605.5	4154	*83.56	*62	37.69	131.01	18.98	5.88	*0.01
% of Calories											*29.8%	18.2%	63.4%	20.7%	6.4%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

Fri - 03/13/2020																
Secondary Lunch JFK	Total	100														
French Toast Sticks WG 9-12	5 PIECES	70	337	0	350	3.75	2.50	293.8	539	0.0	14	7.5	43.75	15.0	2.50	0.00
sausage link turkey Jennie O	2 links	70	120	60	200	0.00	0.72	40.0	84	0.0	*N/A*	12.0	0.0	8.0	2.00	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Potato Tri Tator, 2 oz. :LW	2 PIECES	70	339	0	738	3.99	1.44	0.0	0	4.78	0	3.99	39.87	15.95	4.98	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Orange	Orange 1	85	86	0	0	4.42	0.18	73.6	414	97.89	17	1.73	21.62	0.22	0.03	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
SYRUP,PANCAKE	1 TBSP	1	46	0	16	0.00	0.01	0.6	0	0.0	4	0.0	12.06	0.0	0.00	*N/A*
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			954	73	1269	13.86	4.80	757.8	6082	*118.01	*58 *24.5%	34.38 14.4%	127.02 53.3%	34.45 32.5%	8.93 8.4%	*0.01 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Mon - 03/16/2020																
Secondary Lunch JFK	Total	100														
Chicken Wings Bone In	Serving	70	240	115	629	0.00	0.72	0.0	0	0.0	0	19.98	0.0	12.99	4.00	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Toast 1.2oz WG	1 Each	70	90	0	110	1.00	0.72	0.0	200	0.0	1	3.0	15.01	2.5	0.00	0.00
Macaroni & Cheese (6-12)	1 cup	70	343	30	458	3.07	1.57	433.6	289	1.27	11	17.18	45.43	9.87	5.71	*0.13
Broccoli frozen steamed	1/2 CUP	85	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
Veg Choice Raw	1/2 Cup	85	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Apple Wedges	1/2 APPLE	85	53	0	1	2.43	0.12	6.1	55	4.66	11	0.26	13.98	0.17	0.03	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
BBQ Sauce Heinz	1 tbsp	5	40	0	260	0.00	0.36	0.0	0	0.0	8	0.0	10.0	0.0	0.00	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			863	133	1228	11.95	4.09	796.1	6474	*67.66	*53 *24.7%	47.23 21.9%	108.87 50.5%	24.99 26.1%	9.10 9.5%	*0.09 *0.1%
Nutrient Guideline			750-850		1420										<10.00	

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Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/17/2020																
Secondary Lunch JFK	Total	100														
Fish Nuggets	4 Nuggets	10	210	18	330	2.00	1.44	20.0	0	0.0	1	15.0	18.0	9.0	1.50	0.00
Mozz Chz Sticks	5 pieces	70	393	30	383	3.02	1.45	453.8	403	0.0	2	18.15	31.26	21.18	8.07	0.00
PBJ Pack	PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Biscuits Southern Style	Biscuit	80	190	0	540	1.00	1.08	0.0	0	0.0	2	4.0	25.0	9.0	7.00	0.00
Marinara Sauce Italian	1/2 cup	80	70	*N/A*	460	1.00	1.44	40.0	1000	15.0	9	2.0	12.0	*N/A*	*N/A*	*N/A*
Veg Choice Cooked	1/2 cup	10	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	90	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	90	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Fruit Variety - Canned	1/2 cup	90	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Tartar Sauce Packet	PACKET	1	23	2	97	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.94	1.72	0.19	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			832	*46	1423	9.96	4.54	784.5	6425	*59.11	*50	33.85	110.99	*28.17	*13.16	*0.00
% of Calories											*24.3%	16.3%	53.3%	*30.5%	*14.2%	*0.0%
Nutrient Guideline			750-850		1420									<10.00		

Wed - 03/18/2020																
Secondary Lunch JFK	Total	100														
Cheeseburger/WW 51% Bun 6-12	1 serving	70	355	48	771	4.06	3.10	131.7	152	0.0	4	21.11	36.11	15.36	6.11	*0.50
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Lettuce & Tomato	1/2 cup	70	10	0	4	0.71	0.18	7.0	444	6.55	1	0.52	2.16	0.11	0.02	0.00
Potato Crinkle Cut GF	1/2 cup	85	173	0	213	1.33	0.48	0.0	0	4.8	0	2.67	28.02	6.0	0.67	0.00
Baked Beans Vegetarian: 1/2 Cp	1/2 cup	85	130	0	550	5.00	1.80	40.0	0	0.0	*N/A*	6.0	29.0	0.0	0.00	0.00
BANANAS,PETITE	1 each	85	90	0	1	2.63	0.26	5.1	65	8.79	*N/A*	1.1	23.07	0.33	0.11	0.00
Fruit Variety - Canned	1/2 cup	85	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
CATSUP &MUSTARD: individual PC	PC PACK ET 1 EA	5	7	0	75	0.04	0.07	3.0	24	0.18	*1	0.18	1.41	0.13	0.01	*0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	40	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	20	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00

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Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			897	65	1526	14.28	5.50	577.3	2327	*34.64	*36 *16.1%	39.24 17.5%	141.44 63.1%	23.10 23.2%	7.18 7.2%	*0.36 *0.4%
Nutrient Guideline			750-850		1420											<10.00

Thu - 03/19/2020																
Secondary Lunch JFK	Total	100														
Chicken Alfredo	1 cup	70	359	63	655	5.92	0.94	110.6	301	0.0	*0	19.88	27.3	17.51	8.11	0.00
PBJ Pack	PACK	15	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	15	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Garlic Knot	Each Knot	70	172	0	273	2.02	1.09	20.2	202	6.07	2	4.05	23.29	7.09	1.52	0.00
Caesar Salad	1 cup	85	115	13	330	1.34	0.78	179.5	4159	1.88	*1	6.88	6.8	6.83	3.09	*0.00
Veg Choice Cooked	1/2 cup	85	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Pears: canned,light syrup	1/2 cup	85	58	0	2	2.00	0.26	8.0	0	2.26	0	0.38	15.12	0.12	0.00	0.00
Fruit Variety - Fresh 1/2 Cup	1/2 cup	85	42	0	0	1.76	0.10	15.0	95	19.55	7	0.54	10.78	0.13	0.03	0.00
Milk 1% LOL	half pint	45	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	45	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	10	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			859	87	1278	14.71	3.81	707.9	6448	*40.64	*30 *14.2%	41.49 19.3%	106.02 49.4%	30.50 31.9%	11.75 12.3%	*0.01 *0.0%
Nutrient Guideline			750-850		1420											<10.00

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Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/20/2020																
Secondary Lunch JFK	Total	100														
Wild Mike's Cheese Bites	4 each	70	283	20	547	4.05	1.46	243.0	405	0.0	0	16.2	28.35	12.15	4.05	0.00
Pizza Round secondary	1 each	10	340	10	700	3.00	4.50	300.0	200	0.0	*N/A*	17.0	43.0	10.0	3.50	0.00
PBJ Pack	PACK	10	503	8	458	4.00	1.12	444.7	138	0.0	*28	17.69	64.61	20.84	4.80	*0.00
Salad Bar	serving	10	481	155	783	10.08	3.63	455.1	7671	63.44	*27	32.02	52.09	17.89	6.07	*0.04
Pizza Dipping Sauce	1/2 CUP	70	80	0	520	4.00	0.72	0.0	2000	4.8	*N/A*	2.0	14.0	1.0	0.00	0.00
Veg Choice Cooked	1/2 cup	90	64	0	29	3.19	0.83	10.7	922	5.4	*1	3.11	13.67	0.39	0.06	0.00
Veg Choice Raw	1/2 Cup	90	19	0	44	1.60	0.41	23.4	4048	15.25	2	0.8	4.1	0.14	0.04	0.00
Fruit Variety	1/2 CUP	90	62	0	2	1.65	0.25	10.7	108	10.05	13	0.49	16.02	0.15	0.03	0.00
Fruit Variety - Canned	1/2 cup	90	65	0	5	1.44	0.38	8.0	156	8.3	*13	0.39	17.18	0.09	0.01	0.00
Variety Snack	1 each	90	132	0	130	1.80	0.50	48.1	0	0.0	*2	1.81	19.05	4.92	1.00	0.00
Milk 1% LOL	half pint	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim LOL	half pint	20	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Choc Skim LOL	half pint	40	120	5	180	0.00	0.00	300.0	750	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			805	38	1280	16.05	4.59	680.9	7795	*46.24	*48	33.35	124.43	20.19	5.90	*0.00
% of Calories											*23.8%	16.6%	61.9%	22.6%	6.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	
Weighted Average			844	*64	1256	*13.36	4.99	646.0	5840	*55.50	*47	36.35	123.31	*23.94	*7.68	*0.08
											*50.4%	17.2%	58.5%	*25.5%	*8.2%	*0.1%

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Bloomington Public Schools #271

Mar 2, 2020 thru Mar 20, 2020

Base Menu Spreadsheet

Secondary Lunch JFK

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)										
Calories	844		750 - 850	100%														
Cholesterol (mg)	64				Missing													
Sodium 1 (mg)	1256		1420															
Sodium 2 (mg)	1256		1080						176	Correction Required - Sodium too High								
Fiber (g)	13.36				Missing													
Iron (mg)	4.99																	
Calcium (mg)	646.0																	
Vitamin A (IU)	5840																	
Sugars (g)	47	22.38%			Missing													
Vitamin C (mg)	55.50				Missing													
Protein (g)	36.35	17.24%																
Carbohydrate (g)	123.31	58.47%																
Total Fat (g)	23.94	25.54%			Missing													
Saturated Fat (g)	7.68	8.19%	<10.00%		Missing													
Trans Fat ¹ (g)	0.08	0.08%			Missing													

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