

NOVEMBER 2023

Bloomington Secondary School

Lunch Menu

MONDAY

DID YOU KNOW?

Native American Heritage Month first evolved from "American Indian Week," which President Reagan proclaimed on the week of November 23-30, 1986. In 1990, President George H. W. Bush approved a joint resolution designating November 1990 as National American Indian Heritage Month, commonly referred to as Native American Heritage Month.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6
Chicken OR Cheese Quesadilla
Steamed Corn
Black Beans & Rice
Jonny Pop
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

7
Mini Corn Dogs OR Chicken Dumplings
Baked Beans
Dark Green Salad
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

8
Mini Pancakes
Chicken Sausage
Fresh Green Bell Peppers
Fresh Sliced Apples
Brownie Batter Hummus
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

9
Chicken Alfredo With Penne Pasta
Warmed Garlic Breadstick
Steamed Broccoli
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

10
Chicken Wings OR Fish Sandwich
Maple Waffle
Flatbread
Coleslaw
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

13
French Toast Sticks
Cheese Omelet
Crispy Tator Tots
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

14
Beef Tacos
Taco in a Bag Chip
Taco Toppings
Cinnamon Churro
Refried Beans
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

15
Bosco Sticks with Marinara Sauce
Dark Green Salad
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

16
Breaded Chicken Drumstick & Biscuit
Mashed Potatoes/Gravy
Steamed Peas
Chocolate Chip Cookie
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

17
Chicken (HS only Deeply Rooted) Burrito Bowl OR Fish Sandwich
Brown Rice/Tortilla Chips
Steamed Green Beans
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

20
Pepperoni OR Cheese French Bread Pizza
Steamed Green Beans
Marinara Sauce
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

21
Mandarin Orange OR General Tso Chicken
Brown Rice
Parmesan Edamame
Chocolate Chip Cookie
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

22
No School

23
No School

24
No School

27
Mini Corn Dogs OR Chicken Dumplings
Baked Beans
Dark Green Salad
Jonny Pop
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

28
Chicken OR Cheese Quesadilla
Steamed Corn
Black Beans & Rice
Jonny Pop
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

29
Mini Pancakes
Chicken Sausage
Fresh Green Bell Peppers
Fresh Sliced Apples
Brownie Batter Hummus
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

30
Chicken Alfredo With Penne Pasta
Warmed Garlic Breadstick
Steamed Broccoli
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

Free Lunch

All students can get one lunch free of charge each day at school.

Lunch includes:

Grain
Meat/Meat Alternative
Vegetable
Fruit
Milk

Student must choose 3 of these options and 1 must be a ½ cup fruit or ½ cup vegetable choice or a ½ cup combination of both.

- Choices of fresh fruit and fresh vegetables available daily
- Milk (1%, skim & chocolate skim) at least 2 of these choices available daily

Additional Featured

Entrée Choices:

Turkey & Cheese Sandwich
OR
PB & J Sandwich with Graham & String Cheese
OR
PB & J Sandwich with Yogurt with Graham

Other possible lunch options:

Pizza; Chicken Patty on a Bun; Spicy Chicken Patty on a Bun; Hamburger; Cheeseburger

Menu subject to change due to unforeseen circumstances.

This institution is an equal opportunity provider.