

JANUARY 2024

Bloomington Secondary School Lunch Menu

MONDAY

No School

1

French Toast Sticks
Cheese Omelet
Crispy Tator Tots
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

8

No School

15

Chicken Dumplings
Steamed Peas
Steamed Carrots
Jonny Pop
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

22

French Toast Sticks
Cheese Omelet
Hashbrown Patty
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

29

TUESDAY

Chicken **OR** Cheese
Quesadilla
Steamed Corn
Black Beans & Rice
Jonny Pop
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

2

Beef Tacos
Taco in a Bag Chip
Taco Toppings
Cinnamon Churro
Refried Beans
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

9

No School

16

Mandarin Orange
OR General Tso Chicken
Cilantro Lime Brown Rice
Parmesan Edamame
Chocolate Chip Cookie
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

23

Mandarin Orange
OR General Tso Chicken
Cilantro Lime Brown Rice
Parmesan Edamame
Chocolate Chip Cookie
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

30

WEDNESDAY

Mini Pancakes
Chicken Sausage
Fresh Green Bell Peppers
Brownie Batter Hummus
Hashbrown Patty
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

3

Bosco Sticks with
Marinara Sauce
Dark Green Salad
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

10

Mini Pancakes
Chicken Sausage
Tator Tots
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

17

Beef Tacos
Taco in a Bag Chip
Taco Toppings
Cinnamon Churro
Refried Beans
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

24

Bosco Sticks with
Marinara Sauce
Dark Green Salad
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

31

THURSDAY

Chicken Alfredo
With Penne Pasta
Warmed Garlic Breadstick
Steamed Broccoli
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

4

Breaded Chicken
Drumstick
Mini Biscuit
Mashed Potatoes & Gravy
Steamed Peas
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

11

Parmesan Chicken
With Spaghetti **OR**
Spaghetti with Marinara
Warmed Garlic Breadstick
Steamed Green Beans
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

18

Chicken Alfredo
With Penne Pasta
Warmed Garlic Breadstick
Steamed Broccoli
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

25

FRIDAY

Chicken Wings
OR Fish Sandwich
Soft Pretzel
Coleslaw
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

5

Chicken (HS only
Deeply Rooted) Burrito
Bowl **OR** Fish Sandwich
Brown Rice/Tortilla Chips
Steamed Green Beans
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

12

Popcorn Chicken
Bowl **OR** Fish Sandwich
Mashed Potatoes/Gravy
Steamed Corn
Dinner Roll
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

19

Chicken Wings
OR Fish Sandwich
Soft Pretzel
Coleslaw
Fresh Vegetable Choice
Fresh Fruit Choice
Milk Choice

26

Free Lunch

All students can get one lunch free of charge each day at school.

Lunch includes:

Grain
Meat/Meat Alternative
Vegetable
Fruit
Milk
Student must choose 3 of these options and 1 must be a ½ cup fruit or ½ cup vegetable choice or a ½ cup combination of both.

- Choices of fresh fruit and fresh vegetables available daily
- Milk (1%, skim & chocolate skim) at least 2 of these choices available daily

Additional Featured Entrée Choices:

Turkey & Cheese Sandwich
OR
PB & J Sandwich with Graham & String Cheese
OR
PB & J Sandwich with Yogurt with Graham

Other possible lunch options:

Pizza; Chicken Patty on a Bun; Spicy Chicken Patty on a Bun; Hamburger; Cheeseburger

Menu subject to change due to unforeseen circumstances. This institution is an equal opportunity provider.

DID YOU KNOW?

Ellis Island opened January 1, 1892. The opening allowed for the immigration of over 20 million people.