



# How to set up your Teladoc account

Simply download the Teladoc app and follow the four steps you see below.

## 1 Confirm benefits

Provide some information about yourself to confirm your eligibility.

## 2 Benefit confirmation

We'll confirm that we found your benefits so you can finish creating your account.

## 3 Create account

Provide your contact information and preferred language.

## 4 Complete account

Create a username, password and pick security questions to ensure your account is secure.

**Set up your Teladoc account today**

Visit [Teladoc.com](https://Teladoc.com)

Call 1-800-835-2362 | Download the app