

Local Wellness Policy: Triennial Assessment Template

Background Information

An assessment of your school wellness policy must be conducted a minimum of once every three years; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish. The results of the assessment must be made available to the public.

Purpose

The template below is offered as a way to summarize the information gathered during your assessment. Members of a school wellness committee who are completing their triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies
3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details (e.g. WellSAT 3.0 report) must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:

ISD #271 Bloomington Public Schools

Month and year of current assessment: 12/2023

Date of last Local Wellness Policy revision: 05/2017

Website address for the wellness policy and/or information on how the public can access a copy:

bloomingtonk12.mn.us

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? __

Designated School Wellness Leader

Name	Job Title	Email Address
Hannah Hatch	Director of Health Services	hhatch@isd271.org

School Wellness Committee Members

Name	Job Title	Email Address
Jennifer McIntyre	Executive Director of Student Services	jmcintyre@isd271.org
Rynetta Renford	Director of Food Services	rrenford@isd271.org
Beth Flottmeier	Elementary Curriculum and Instruction	bflottgmeier@isd271.org
Ashley Modrow	Secondary Curriculum and Instruction	amodrow@isd271.org
Roberto Cantu	Poplar Bridge Principal	rcantu@isd271.org
Hugh Roberts	Westwood Principal	hroberts@isd271.org
Kim Pawek	Parent Representative	kimpawek@gmail.com

Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language
- X Other (please specify): MSBA

Describe how your wellness policy compares to model wellness policies.

Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>The District will encourage and support healthy eating by students and engage in nutrition education and promotion that is:</p> <p>a. offered as part of a sequential and comprehensive K-12 program designed to provide students with knowledge and skills necessary to promote and protect their health.</p> <p>b. part of health education classes as well as classroom instruction in subjects such as math, science, language arts, social science and elective subjects, where appropriate; and</p> <p>c. enjoyable, developmentally appropriate, culturally relevant, and includes participatory activities, such as contests, promotions, taste testing, and field trips.</p> <p>The District will encourage all students to make age- appropriate, healthy selections of foods and beverages, including those sold individually outside the reimbursable school meal programs, such as through a la carte (snack) lines, vending machines, fundraising events, concession stands, and student stores.</p>	X			<p>The District provides a variety in a health selection of food and beverages for all students. Food Services staff have trialed nw foods and gathered feedback from students regarding the foods that they would like to try.</p> <p>Students have been encouraged to try a variety of foods.</p> <p>As a District we will continue to offer and trial new health food selections based on student and staff feedback.</p>

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>Students need opportunities for physical activity and to fully embrace regular physical activity as a personal behavior. Physical Education will be based on the Minnesota Physical Education Standards Fall 2017 and coordinated with the National Health Education Standards (K-12). Physical Education will be in an environment where students learn, practice and are assessed on developmentally appropriate motor skills, social skills and knowledge.</p>	X			<p>Physical activity is encouraged and promoted throughout the district, during physical education class, recess and classroom standards around motor development and physical movement.</p> <p>There are many opportunities for students to be included in physical activities with the involvement of our Developmental Adaptive Physical</p>

				Education teachers and our Inclusive programming through Special Olympics.
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School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>The District will encourage student understanding of the impact of emotional and social health on overall well-being based on the Minnesota Social Emotional Competencies Fall 2017.</p> <p>Other Foods and Beverages Made Available to Students</p> <p>1. Student wellness will be a consideration for all foods offered, but not sold, to students on the school campus, including those foods provided through:</p> <p>a. Celebrations and parties: It is recommended that all food and beverages offered during classroom celebrations will meet USDA Smart Snacks in School nutrition standards. Families and teachers will receive information from the District on foods and non-foods that are appropriate for such celebrations upon request of the wellness coordinator.</p> <p>b. Classroom snacks brought by parent/caregivers. The District will provide to parents/caregivers a list of suggested foods and beverages that meet Smart Snacks nutrition standards.</p> <p>Rewards and incentives. The use of food or beverages as a reward shall follow smart snack guidelines (unless this practice is allowed by a student's individual education plan or behavior intervention plan) and will not withhold food or beverage as punishment.</p> <p>Fundraising. The District will make available to parents or caregivers, and teachers a list of healthy fundraising ideas.</p>		X		<p>Progress has been made in providing information and resources for students through health classes, health services and in the classroom setting for our preschool and elementary aged students.</p> <p>Building principals continue to work with staff and families regarding alternatives for classroom parties, celebrations and fund raisers.</p>

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>School Meals</p> <p>1. The District will provide healthy and safe school meal programs that strictly comply with all federal, state and local</p>	X			The school meals are meeting guidelines for the food that is being served to students. There is a clean and welcoming

<p>statutes and Regulations.</p> <p>2. Food service staff will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students.</p> <p>3. Food service staff will provide a clean and pleasant setting</p> <p>4. Food service staff will take every measure to ensure that student access to foods and beverages meet or exceeds all federal, state, and local laws, rules, and Regulations and that reimbursable meals will meet nutrition standards mandated by the USDA, as well as any additional state nutrition standards that go beyond USDA requirements.</p>				<p>environment for all students which is maintained throughout the course of each school day by the food services staff, building staff and custodial staff for each building in which students are provided meals.</p>
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Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>The District will encourage and support healthy eating by students and engage in nutrition education and promotion that is:</p> <p>a. offered as part of a sequential and comprehensive K-12 program designed to provide students with knowledge and skills necessary to promote and protect their health.</p> <p>b. part of health education classes as well as classroom instruction in subjects such as math, science, language arts, social science and elective subjects, where appropriate; and</p> <p>c. enjoyable, developmentally appropriate, culturally relevant, and includes participatory activities, such as contests, promotions, taste testing, and field trips.</p> <p>The District will encourage all students to make age- appropriate, healthy selections of foods and beverages, including those sold individually outside the reimbursable school meal programs, such as through a la carte (snack) lines, vending machines, fundraising events, concession stands, and student stores.</p>	<p>X</p>			<p>The district encourages and promotes healthy eating and nutrition by trialing new healthy foods on a regular basis and providing taste testing for students. They then gather student feedback. Students are given education on healthy eating and food services offers several options for students throughout the day.</p> <p>We continue to promote healthy options outside of the lunch hour. Schools are making progress and working to have healthier snacks and options for students.</p>

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
<p>Competitive Foods and Beverages</p> <p>1. All foods and beverages sold on school grounds to students outside of reimbursable school meals are considered “competitive foods.” Competitive foods include items sold a la carte in the cafeteria, from vending machines, school stores and for in-school fundraisers during the school day.</p> <p>2. All competitive foods will meet the most current USDA Smart Snacks in School nutritional standards, and any applicable state nutrition standards. Smart Snacks aim to improve student health and well-being, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits.</p> <p>3. Before and Aftercare (child care) programs must also comply with the District’s nutrition standards unless they are reimbursable under USDA school meals program, in which case they must comply with all applicable USDA standards.</p> <p>School-based marketing will be consistent with nutrition education and health promotion.</p> <p>a. Schools will restrict food and beverage marketing to the promotion of only those foods and beverages that meet the nutrition standards set forth in the District Wellness Policy.</p>		X		<p>The district works hard to promote healthy eating and follow all of the smart snack guidelines. The food provided by feed services is all in compliance with the guidelines put forth. We continue to work hard with our school staff and buildings to follow the smart snack guidelines for all events and celebrations. Building principals continue to work to promote this throughout their building and remind to staff to follow all of the guidelines for each event.</p>

Include any additional notes, if necessary: