

## 4 Apps to Monitor Your Kids

### 1) mSpy – mspy.com

mSpy is the top used cell phone tracking app worldwide, according to TopTrackingApps. Its main selling point is that you can monitor multiple things with it — who they call, what they text, which apps they use, the number of contacts, GPS location, etc. And according to SpyParent’s founder Sedgrid Lewis, “it works.” While the field of spying apps isn’t limited, simplicity of use and reliability are factors to be considered. The average American teen spends up to seven hours a day in contact with others on electronic devices, and a recent survey by online security firm AVG found that by the time they are 16, one in three has regretted something they did online.

### 2) The Phone Sheriff – phonesheriff.com

One nice feature of the Phone Sheriff is that it allows you to set time limits on your teen’s device. Want “OK, you can play with your phone for an hour” to really mean just 60 minutes? This app will shut down and lock the phone when you tell it to.

### 3) Mobicip – mobicip.com

Mobicip isn’t so much a tracker app as one that restores a bit of control over your teen’s online life. The middle school level blocks online shopping, gambling, dating, liquor, and chat sites. The high school level blocks content that is adult, sexual, or involves weapons and violence.

### 4) Kidsplace – kiddoware.com

An app launcher with parental controls & child lock that protects your personal data and restricts kids to apps you have approved. Kids Place Parental Control app also prevents children from downloading new apps, making phone calls, texting, etc. Includes convenience features for parents such as auto app restart, useful for small kids who accidentally exit launched apps. With Kids Place app, kids gets fun time and parents can get some much needed peace and free time.