Course Description
Net & Racquet Sports is an elective course designed for students who are interested in expanding their knowledge and skills in a variety of individual and team net and racquet sports. This course will include a balance of net and racquet sports such as tennis, badminton, volleyball and pickle ball. Students will learn skills and strategies in a competitive setting and will demonstrate the proper use of sportsmanship and teamwork skills during game play. Player rankings and competitive tournament play will be a large part of the class.

Standards

Essential Standards

1. The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement

Important Standards

1. The physically literate individual exhibits responsible personal and social behavior that respects self and others.