







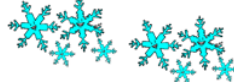


Valley View Middle School Menu December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Sriracha Wings Macaroni and Cheese Steamed Broccoli Buds Mandarin Oranges Milk Variety</p>  <p>Alternate Choice: Tuna Sandwich</p>	<p>4 Corn Dog Nuggets ● Tortilla chips Vegetarian Baked Beans Fresh Veggie Cup Crisp Apples Milk Variety</p> <p>Alternate Choice: Ham and Cheese Sandwich ●</p>	<p>5 Meatball Sub Spicy Curly Fries Fresh Fruit Choice Milk Variety</p> <p>Alternate Choice: Hot Dog on WW Bun ●</p>	<p>6 Chicken Alfredo Pasta Warm Garlic Toast Fresh Caesar Salad Chilled Sliced Pears Milk Variety</p>  <p>Alternate Choice: Chicken Strips</p>	<p>7 Wild Mike's Cheese Bites Marinara Dipping Sauce Veggie Choices Fruit Choices Milk Variety</p> <p>Alternate Choice: PB&J Sandwich ■</p>
<p>10 Chicken Drumsticks Mashed Potatoes and Gravy Warm Garlic Knot Steamed Sweet Peas Chilled Peaches Milk Variety</p> <p>Alternate Choice: Pork Steak ▼</p>	<p>11 Hot Dog ● Sun Chips Fresh Garden Salad Crisp Apples Milk Variety</p>  <p>Alternate Choice: Sub Sandwich ●</p>	<p>12 Cheeseburger on WW Bun Lettuce & Tomato Sweet Potato Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Turkey Burger on WW Bun</p>	<p>13 Beef Taco Lettuce and Salsa Refried Beans Chilled Mixed Fruit Fruit Sorbet Milk Variety</p>  <p>Alternate Choice: Fish Taco</p>	<p>14 French Toast Sticks Sausage Links ● Hash-brown Potatoes Juicy Oranges Milk Variety</p>  <p>Alternate Choice: Ham Sandwich ●</p>
<p>17 Chicken Strips and Rice Warm Garlic Toast Stir Fry Veggies Sweet Pineapple Tidbits Milk Variety</p>  <p>Alternate Choice: Turkey Deli Sandwich</p>	<p>18 Bosco Sticks Pizza Dipping Sauce Crunchy Carrots and Dip Fresh Fruit Choice Milk Variety</p>  <p>Alternate Choice: Tuna Sandwich</p>	<p>19 California Burger Lettuce and Tomato Crinkle Cut Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Fish Patty on WW Bun</p>	<p>20 Corn Dog Nuggets ● Tortilla chips Vegetarian Baked Beans Crisp Apples Milk Variety</p> <p>Alternate Choice: PB&J Sandwich ■</p>	<p>21 French Bread Pizza Fresh Caesar Salad Fruit Choices Fruit Sorbet Milk Variety</p> <p>Alternate Choice: Sub Sandwich ●</p>
 <p>Winter Break Dec 24 - Jan 4</p> 				
24 No School	25 No School	26 No School	27 No School	28 No School

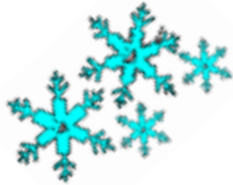
Lactose reduced milk
Available with written request.

● Turkey or Beef ▼ may contain Pork ■ may contain Nuts

Menus may change without notice.

Valley View Middle School Breakfast Menu - Breakfast includes fruit, 100% fruit juice & 8oz milk

Monday	Tuesday	Wednesday	Thursday	Friday
Egg & Cheese on Bun or Sausage & Cheese on Bun ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	French Toast Sticks & Sausage Link ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	Hot Ham & Cheese on Bun ● or Breakfast Burrito or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	French Toast Sticks & Sausage Link ● or or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	Breakfast Pizza & Toast ● or Hot Ham & Cheese Sandwich ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar



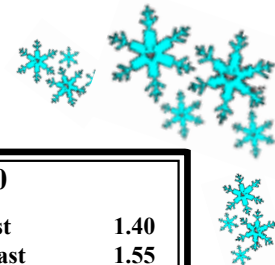
● Turkey or Beef ▼ may contain Pork ■ may contain Nuts
 All bread/grains served are whole grain rich. Food prepared in kitchens where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.
 Detailed menu analysis available at www.bloomingtonschools.org

(Select Parents, select Food Services, select Menus)

Check or cash meal payments may be made at the individual school kitchens or the district Food Service Office at 1350 West 106th Street. Credit card payments may be made on the PayPAMS website <http://www.PayPAMS.com>. Payments made before 9:00 am will usually be in the student's account the same school day by lunch. For account balances call 952-681-6570.

If your application is approved for free or reduced, there is no charge for breakfast or lunch.

“USDA is an equal opportunity provider, employer and lender”



SCHOOL MEAL PAYMENT ORDER FORM - Account Balance Information 952-681-6570				
MAIL TO: ESC - FOOD SERVICE DEPARTMENT 1350 West 106th Street BLOOMINGTON, MN 55431		K-5 Lunch 2.65 6-8 Lunch 2.90 9-12 Lunch 2.95 *Free/Reduced Lunch.00 Milk Only .50	1-5 Breakfast 1.40 9-12 Breakfast 1.55 *Free/Reduced Breakfast.00	
CHECK # _____ <i>Make check payable to: ISD #271</i>				
Name _____ Last First Middle I	School _____	Grade _____	\$ _____	. _____
*Must have a current approved application and the student must choose a reimbursable meal to qualify for meal benefits. If a student chooses to bring a meal from home, they must pay for their carton of milk which costs .50, meal benefits do not apply to milk only.				