









# Valley View Middle School Menu February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>4 Corn Dog Nuggets ● Dorito's Chips Baked Beans Mandarin Oranges Milk Variety</p> <p>Alternate Choice: Tuna Sandwich</p>	<p>5 Chicken Strips and Rice Warm Garlic Toast Fresh Veggies Pineapple Tidbits Milk Variety</p>  <p>Alternate Choice: Turkey Deli Sandwich</p>	<p>6 California Burger Lettuce and Tomato Crinkle Cut Fries Crisp Apples Milk Variety</p> <p>Alternate Choice: Fish Sandwich</p>	<p>7 Cheese Ravioli Warm Garlic Knot Mandarin Orange Spinach Salad Chilled Mixed Fruit Milk Variety</p> <p>Alternate Choice: Chicken Strips</p>	<p>8 Italian Dunker's Cheesy Bread Veggie Choices Fruit Choices Milk Variety</p>  <p>Alternate Choice: PB&amp;J Sandwich ■</p>
<p>11 Sriracha Chicken Bites Creamy Mac and Cheese Steamed Peas Applesauce Milk Variety</p> <p>Alternate Choice: Pork Steak ▼</p>	<p>12 Quesadilla Lettuce and Tomatoes Refried Beans Fresh Fruit Choice Milk Variety</p> <p>Alternate Choice: Tuna Sandwich</p>	<p>13 Wild Mike's Cheese Bites Marinara Dipping Sauce Fresh Garden Salad Petite Banana Milk Variety</p>  <p>Alternate Choice: Hot Dog ●</p>	<p>14 Chicken Alfredo Pasta Warm Garlic Bread Carrots and Celery with Dip Chilled Sliced Pears Milk Variety</p> <p>Alternate Choice: Ham and Cheese Sandwich ●</p>	<p>15 Toasted Cheese Sandwich Yogurt Cup Tomato Soup Veggie Choices Fruit Choices Milk Variety</p> <p>Alternate Choice: Tuna Sandwich</p>
<p>18  No School  President's Day</p>	<p>19 French Bread Pizza Steamed Corn Sliced Peaches Mini Ice Cream Sandwich Milk Variety</p> <p>Alternate Choice: Corn Dog ●</p>	<p>20 Chicken Patty on WW Bun Lettuce &amp; Tomato Sweet Potato Fries Crisp Apple Milk Variety</p>  <p>Alternate Choice: Turkey Ham Sandwich ●</p>	<p>21 Beef Taco Lettuce and Salsa Seasoned Black Beans Frosty Berries Fruit Sorbet Milk Variety</p>  <p>Alternate Choice: Fish Taco</p>	<p>22 French Toast Sticks Sausage Links ● Hash-brown Tri-Tators Juicy Oranges Milk Variety</p>  <p>Alternate Choice: Turkey Deli Sandwich</p>
<p>25 Hot Dog ● Tortilla Chips Vegetarian Baked Beans Sweet Pineapple Tidbits Milk Variety</p>  <p>Alternate Choice: Sub Sandwich ●</p>	<p>26 Chicken Drumsticks Mashed Potatoes and Gravy Warm Garlic Knot Steamed Green Beans Fresh Fruit Milk Variety</p>  <p>Alternate Choice: Pork Steak ▼</p>	<p>27 Cheeseburger Lettuce and Tomato Spicy Curly Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Turkey Burger</p>	<p>28 Spaghetti with Meat Warm Garlic Bread Fresh Caesar Salad Sliced Pears Milk Variety</p> <p>Alternate Choice: Chicken Strips</p>	<p>March 1 Wild Mike's Cheese Bites Marinara Dipping Sauce Creamy Coleslaw Fruit Choices Milk Variety</p> <p>Alternate Choice: PB&amp;J Sandwich ■</p>

Lactose reduced milk  
Available with written request.

● Turkey or Beef ▼ may contain Pork ■ may contain Nuts

Menus may change without notice.

IM does not follow menu alternate  
VVE follows different menu alternates

## Valley View Middle School Breakfast Menu - Breakfast includes fruit, 100% fruit juice & 8oz milk

Monday	Tuesday	Wednesday	Thursday	Friday
Egg & Cheese on Bun or Sausage & Cheese on Bun ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	French Toast Sticks & Sausage Link ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	Hot Ham & Cheese on Bun ● or Breakfast Burrito or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	French Toast Sticks & Sausage Link ● or or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	Breakfast Pizza & Toast ● or Hot Ham & Cheese Sandwich ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar

● Turkey or Beef ▼ may contain Pork ■ may contain Nuts

*All bread/grains served are whole grain rich. Food prepared in kitchens where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used. Detailed menu analysis available at [www.bloomingtonschools.org](http://www.bloomingtonschools.org)*

**(Select Parents, select Food Services, select Menus)**

Check or cash meal payments may be made at the individual school kitchens or the district Food Service Office at 1350 West 106th Street. Credit card payments may be made on the PayPAMS website <http://www.PayPAMS.com>. Payments made before 9:00 am will usually be in the student's account the same school day by lunch. For account balances call 952-681-6570.

**If your application is approved for free or reduced, there is no charge for breakfast or lunch.**

*“USDA is an equal opportunity provider, employer and lender”*

SCHOOL MEAL PAYMENT ORDER FORM - Account Balance Information 952-681-6570					
<b>MAIL TO:</b>	ESC - FOOD SERVICE DEPARTMENT 1350 West 106th Street BLOOMINGTON, MN 55431	<b>K-5 Lunch</b>	2.65	<b>1-5 Breakfast</b>	1.40
		<b>6-8 Lunch</b>	2.90	<b>9-12 Breakfast</b>	1.55
		<b>9-12 Lunch</b>	2.95	<b>*Free/Reduced Breakfast</b>	0.00
<b>CHECK #</b> _____	_____	<b>*Free/Reduced Lunch</b>	0.00		
	<i>Make check payable to: ISD #271</i>	<b>Milk Only</b>	.50		
<b>Name</b> _____	_____	<b>School</b> _____		<b>Grade</b> _____	<b>\$</b> _____.
Last	First	Middle I			
*Must have a current approved application and the student must choose a reimbursable meal to qualify for meal benefits. If a student chooses to bring a meal from home, they must pay for their carton of milk which costs .50, meal benefits do not apply to milk only.					