








Kennedy High School Menu January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>7 Corn Dog Nuggets ● Sun chips Vegetarian Baked Beans Mandarin Oranges Milk Variety</p> <p>Alternate Choice: Hot & Spicy Chicken Strips or Salad Bar</p>	<p>8 Sweet and Sour Chicken Warm Tea Biscuits Veggie Choice Sweet Pineapple Tidbits Milk Variety </p> <p>Alternate Choice: Bone-in Chicken Wings with Au-grautin Potatoes (NEW) or PBJ Pack ■ or Salad Bar</p>	<p>9 California Burger Lettuce and Tomato Crinkle Cut Fries Petite Banana Ice Cream Treat Milk Variety</p> <p>Alternate Choice: Turkey Burger or Salad Bar</p>	<p>10 Cheese Ravioli Warm French Bread Lettuce/Bacon Bits Salad Chilled Mixed Fruit Milk Variety</p> <p>Alternate Choice: Lasagna or PBJ Pack ■ or Salad Bar</p>	<p>11 Italian Dunker's Cheesy Bread Veggie Choices Fruit Choices Milk Variety</p> <p>Alternate Choice: Pizza Bosco Sticks ▼ or Salad Bar</p>
<p>14 Sriracha Chicken Bites Creamy Mac and Cheese California Blend Chilled Mixed Fruit Milk Variety </p> <p>Alternate Choice: Chicken Nuggets or Salad Bar</p>	<p>15 Meatball Sub Spicy Curly Fries Baked Beans Seasonal Fresh Fruit Milk Variety</p> <p>Alternate Choice: PBJ Pack ■ or Potato Bar or Salad Bar</p>	<p>16 Wild Mike's Cheese Bites Marinara Dipping Sauce Crisp Garden Salad Applesauce Variety Snack Milk Variety</p> <p>Alternate Choice: Mozzarella Cheese Sticks or Salad Bar</p>	<p>17 Chicken Alfredo Pasta Warm Garlic Bread Creamy Coleslaw Sliced Pears Milk Variety </p> <p>Alternate Choice: PBJ Pack ■ or Salad Bar</p>	<p>18 Toasted Cheese Sandwich Chicken Noodle Soup Fresh Veggie Choices Fruit Choices Milk Variety</p> <p>Alternate Choice: Turkey Deli Sandwich or Salad Bar</p>
<p>21 No School Martin Luther King Jr Holiday</p>	<p>22 Cheese Quesadilla Tortilla Chips Vegetarian Refried Beans Sliced Peaches Milk Variety</p> <p>Alternate Choice: Salad Bar</p>	<p>23 Cheeseburger on WW Bun Lettuce & Tomato Sweet Potato Fries Mandarin Oranges Milk Variety </p> <p>Alternate Choice: Chicken Patty on WW Bun or Salad Bar</p>	<p>24 Beef Taco Lettuce and Salsa Seasoned Black Beans Sliced Pears Fruit Sorbet Milk Variety</p> <p>Alternate Choice: PBJ Pack ■ or Salad Bar</p>	<p>25 French Toast Sticks Sausage Links ● Hash-brown Tri-Tators Juicy Oranges Milk Variety </p> <p>Alternate Choice: Salad Bar</p>
<p>28 Chicken Ala King with Rice Steamed Carrots Chilled Peaches Ice Cream Treat Milk Variety </p> <p>Alternate Choice: Corn Dog Nuggets ● or Salad Bar</p>	<p>29 Chicken Drumsticks Mashed Potatoes and Gravy Warm Tea Biscuits Steamed Mixed Vegetables Seasonal Fresh Fruit Milk Variety</p> <p>Alternate Choice: Pork Steak ▼ or PBJ Pack ■ or Salad Bar</p>	<p>30 Hamburger on Bun Lettuce and Tomato Curly Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Fish Sandwich or Salad Bar</p>	<p>31 Penne Pasta with Meat Warm Garlic Bread Fresh Caesar Salad Chilled Sliced Pears Milk Variety</p> <p>Alternate Choice: PBJ Pack ■ or Salad Bar</p>	<p>Feb 1 No School Conferences/Workshop</p>
<p>Lactose reduced milk Available with written request.</p>	<p>● Turkey or Beef ▼ may contain Pork ■ may contain Nuts Menus may change without notice.</p>			<p>IM Does not follow menu alternates VVE follows different menu alternates</p>

Kennedy High School Breakfast Menu - Breakfast includes fruit, 100% fruit juice & 8oz milk

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza ● or one of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Snack Bread PB&J Uncrustable ■ Banana Bread	Egg & Sausage Sandwich ● or one of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Snack Bread PB&J Uncrustable ■ Banana Bread 	Breakfast Pizza ● or one of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Snack Bread PB&J Uncrustable ■ Banana Bread	Bfst Burrito/Bfst Sandwich ● (alternating every other week) or one of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Snack Bread PB&J Uncrustable ■ Banana Bread	French Toast Sticks/Pancakes or Scrambled Eggs & Sausage ● (alternating every other week) or one of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Snack Bread PB&J Uncrustable ■ Banana Bread

● Turkey or Beef ▼ may contain Pork ■ may contain Nuts

All bread/grains served are whole grain rich. Food prepared in kitchens where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used. Detailed menu analysis available at www.bloomingtonschools.org

(Select Parents, select Food Services, select Menus)

Check or cash meal payments may be made at the individual school kitchens or the district Food Service Office at 1350 West 106th Street. Credit card payments may be made on the PayPAMS website <http://www.PayPAMS.com>. Payments made before 9:00 am will usually be in the student's account the same school day by lunch. For account balances call 952-681-6570.

If your application is approved for free or reduced, there is no charge for breakfast or lunch.

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SCHOOL MEAL PAYMENT ORDER FORM - Account Balance Information 952-681-6570					
MAIL TO:	ESC - FOOD SERVICE DEPARTMENT	K-5 Lunch	2.65	1-5 Breakfast	1.40
	1350 West 106th Street	6-8 Lunch	2.90	9-12 Breakfast	1.55
	BLOOMINGTON, MN 55431	9-12 Lunch	2.95	*Free/Reduced Breakfast.00	
CHECK #	_____	*Free/Reduced Lunch.00			
	<u>Make check payable to: ISD #271</u>	Milk Only	.50		
Name	_____	School	_____	Grade	_____
	Last		First		Middle I
<p><small>*Must have a current approved application and the student must choose a reimbursable meal to qualify for meal benefits. If a student chooses to bring a meal from home, they must pay for their carton of milk which costs .50, meal benefits do not apply to milk only.</small></p>					