










Jefferson High School November 2018




Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 Chicken Sriracha Wings (NEW) Macaroni and Cheese Steamed Broccoli Mandarin Oranges Milk Variety</p>  <p>Alternate Choice: Hamburger on WW Bun or Soup & Cold Salad Bar w/Bun</p>	<p>6 French Bread Pizza Veggie Choice Pineapple Tidbits Variety Snack Milk Variety</p>  <p>Alternate Choice: Chicken Patty on WW Bun or Potato/Chili Bar</p>	<p>7 Meatball Sub Spicy Curly Fries Mixed Fruit Milk Variety</p> <p>Alternate Choice: Caesar Salad w/Breadstick Taco Bar with Shells</p>	<p>8 Chicken Alfredo Pasta Garlic Toast Caesar Salad Sliced Pears Milk Variety</p>  <p>Alternate Choice: Soup & Cold Salad Bar w/Bun</p>	<p>9 Wild Mike's Cheese Bites Marinara Dipping Sauce Veggie Choice Fruit Choice Variety Snack Milk Variety</p> <p>Alternate Choice: Chicken Fajita Wrap or Soup & Cold Salad Bar w/Bun</p>
<p>12 Chicken Drumsticks (NEW) Mashed Potatoes and Gravy Warm Tea Biscuit Steamed Carrots Peaches Milk Variety</p>  <p>Alternate Choice: Hamburger on WW Bun or Soup & Cold Salad Bar w/Bun</p>	<p>13 Hot Dog ● Sun Chips Garden Salad Apples Milk Variety</p> <p>Alternate Choice: Chicken Patty on WW Bun or Potato/Chili Bar</p>	<p>14 Cheeseburger on WW Bun Lettuce & Tomato Crinkle Cut Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Goulash w/Tea Biscuit Taco Bar with Shells</p>	<p>15 Beef Taco Lettuce and Tomatoes Refried Beans Applesauce Sorbet Milk Variety</p> <p>Alternate Choice: Soup & Cold Salad Bar w/Bun</p>	<p>16 French Toast Sticks Sausage Links ● Hash-brown Potatoes Juicy Oranges Milk Variety</p> <p>Alternate Choice: Chicken Fajita Wrap or Soup & Cold Salad Bar w/Bun</p>
<p>19 Corn Dog Nuggets ● Tortilla chips Baked Beans Sliced Pears Milk Variety</p> <p>Alternate Choice: Hamburger on WW Bun or Soup & Salad Bar w/Bun</p>	<p>20 Toasted Cheese Sandwich Yogurt Cup Hot Tomato Soup Veggie Choice Fruit Choice Milk Variety</p>  <p>Alternate Choice: Chicken Patty on WW Bun or Potato/Chili Bar</p>	<p>21</p> <p>No School Conferences</p> 	<p>22</p> <p>No School Thanksgiving Holiday</p> 	<p>23</p> <p>No School Thanksgiving Holiday</p> 
<p>26 Sweet and Sour Chicken Warm Tea Biscuit Stir Fry Veggies Pineapple Tidbits Milk Variety</p>  <p>Alternate Choice: Hamburger on WW Bun or Soup & Cold Salad Bar w/Bun</p>	<p>27 Chicken Quesadilla Refried Beans Fresh Fruit Choice Milk Variety</p> <p>Alternate Choice: Chicken Patty on WW Bun or Potato/Chili Bar</p>	<p>28 Hamburger on WW Bun Lettuce and Tomato Sweet Potato Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Pork Steak ▼ on WW Bun Taco Bar with Shells</p>	<p>29 French Bread Pizza Garlic Bread Knot Caesar Salad Apples Milk Variety</p> <p>Alternate Choice: Soup & Cold Salad Bar w/Bun</p>	<p>30</p> <p>No School Conferences</p>

Lactose reduced milk available with written request.

● Turkey or Beef ▼ may contain Pork ■ may contain Nuts

Menus may change without notice.

Jefferson High School Breakfast Menu - Breakfast includes fruit, 100% fruit juice & 8oz milk

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Bagel/Omelet ● or One of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Breakfast Bars PB&J Uncrustable ■ Banana Bread	Egg & Sausage Sandwich ● or One of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Breakfast Bars PB&J Uncrustable ■ Banana Bread	Breakfast Pizza ● or One of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Breakfast Bars PB&J Uncrustable ■ Banana Bread	Ham & Egg Sandwich ● or One of the following: Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Breakfast Bars PB&J Uncrustable ■ Banana Bread	French Toast Sticks or One of the following:  Cereal & Toast Yogurt Parfait Bagels & Cream Cheese Muffins Breakfast Bars PB&J Uncrustable ■ Banana Bread

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All bread/grains served are whole grain rich. Food prepared in kitchens where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used. Detailed menu analysis available at

www.bloomingtonschools.org

(Select Parents, select Food Services, select Menus)



Check or cash meal payments may be made at the individual school kitchens or the district Food Service Office at 1350 West 106th Street. Credit card payments may be made on the PayPAMS website <http://www.PayPAMS.com>. Payments made before 9:00 am will usually be in the student's account the same school day by lunch. For account balances call 952-681-6570.

If your application is approved for free or reduced, there is no charge for breakfast or lunch.

“USDA is an equal opportunity provider, employer and lender”



SCHOOL MEAL PAYMENT ORDER FORM - Account Balance Information 952-681-6570			
MAIL TO:	ESC - FOOD SERVICE DEPARTMENT	K-5 Lunch	2.65
	1350 West 106th Street	6-8 Lunch	2.90
	BLOOMINGTON, MN 55431	9-12 Lunch	2.95
CHECK #	_____	*Free/Reduced Lunch.00	1-5 Breakfast
	Make check payable to: ISD #271	Milk Only	.50
9-12 Breakfast			1.55
			*Free/Reduced Breakfast.00
Name	_____	School	Grade
Last	First	Middle I	\$ _____
<p align="center"><small>*Must have a current approved application and the student must choose a reimbursable meal to qualify for meal benefits. If a student chooses to bring a meal from home, they must pay for their carton of milk which costs .50, meal benefits do not apply to milk only.</small></p>			

