










Valley View Middle School November 2018




Monday	Tuesday	Wednesday	Thursday	Friday
<p>5 Chicken Sriracha Wings (NEW) Macaroni and Cheese Steamed Broccoli Mandarin Oranges Milk Variety </p> <p>Alternate Choice: Sub Sandwich ●</p>	<p>6 French Bread Pizza (NEW) Veggie Choice Pineapple Tidbits  Variety Snack Milk Variety</p> <p>Alternate Choice: Corn Dog Nuggets ●</p>	<p>7 Meatball Sub Spicy Curly Fries Mixed Fruit Milk Variety</p> <p>Alternate Choice: Hot Dog on WW Bun ●</p>	<p>8 Chicken Alfredo Pasta Warm Garlic Toast Fresh Caesar Salad Sliced Pears  Milk Variety</p> <p>Alternate Choice: Tuna Sandwich</p>	<p>9 Wild Mike's Cheese Bites Marinara Dipping Sauce Veggie Choice Fruit Choice Milk Variety</p> <p>Alternate Choice: PB&J Sandwich ■</p>
<p>12 Chicken Drummies (NEW) Mashed Potatoes and Gravy Warm Garlic Toast Steamed Carrots  Peaches Milk Variety</p> <p>Alternate Choice: Pork Steak ▼</p>	<p>13 Hot Dog ● Sun Chips Fresh Garden Salad Crisp Apples Milk Variety</p> <p>Alternate Choice: Sub Sandwich ●</p>	<p>14 Cheeseburger on WW Bun Lettuce & Tomato Crinkle Cut Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Turkey Burger on WW Bun</p>	<p>15 Beef Taco Lettuce and Tomatoes Refried Beans Applesauce Fruit Sorbet Milk Variety</p> <p>Alternate Choice: Turkey Deli Wrap</p>	<p>16 French Toast Sticks Sausage Links ● Hash-brown Potatoes Juicy Oranges Milk Variety</p> <p>Alternate Choice: Ham Sandwich ●</p>
<p>19 Corn Dog Nuggets Tortilla chips Vegetarian Baked Beans Sliced Pears Milk Variety</p> <p>Alternate Choice: Tuna Sandwich ●</p>	<p>20 Toasted Cheese Sandwich Creamy Yogurt Cup Hot Tomato Soup Veggie Choice  Fruit Choice Milk Variety</p> <p>Alternate Choice: Turkey Deli Sandwich</p>	<p>21</p> <p>No School Conferences </p>	<p>22</p> <p>No School Thanksgiving Holiday </p>	<p>23</p> <p>No School  Thanksgiving Holiday</p>
<p>26 Sweet and Sour Chicken Warm Garlic Toast Stir Fry Veggies Sweet Pineapple Tidbits  Milk Variety</p> <p>Alternate Choice: PB&J Sandwich ■</p>	<p>27 Chicken Quesadilla Vegetarian Refried Beans Fresh Fruit Choice Milk Variety</p> <p>Alternate Choice: Tuna Sandwich on WW Bun</p>	<p>28 Hamburger on WW Bun Lettuce and Tomato Sweet Potato Fries Petite Banana Milk Variety</p> <p>Alternate Choice: Fish Patty on WW Bun</p>	<p>29 French Bread Pizza Fresh Caesar Salad Crisp Apples Milk Variety</p> <p>Alternate Choice: Sub Sandwich ●</p>	<p>30</p> <p>No School Conferences</p>

Lactose reduced milk
Available with written request.

● Turkey or Beef ▼ may contain Pork ■ may contain Nuts

Menus may change without notice.

Valley View Middle School Breakfast Menu - Breakfast includes fruit, 100% fruit juice & 8oz milk

Monday	Tuesday	Wednesday	Thursday	Friday
Egg & Cheese on Bun or Sausage & Cheese on Bun ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	French Toast Sticks & Sausage Link ● or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	Hot Ham & Cheese on Bun ● or Breakfast Burrito or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	French Toast Sticks & Sausage Link ● or or One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar	Breakfast Pizza & Toast ● or Hot Ham & Cheese Sandwich ● or  One of the following: Cereal & Toast Yogurt Parfait Muffin & Cheese Stick Banana Bread PB&J Uncrustable ■ Bagel & Cream Cheese UBR Bar

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All bread/grains served are whole grain rich. Food prepared in kitchens where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used. Detailed menu analysis available at

www.bloomingtonschools.org

(Select Parents, select Food Services, select Menus)

Check or cash meal payments may be made at the individual school kitchens or the district Food Service Office at 1350 West 106th Street.

Credit card payments may be made on the PayPAMS website <http://www.PayPAMS.com>.

Payments made before 9:00 am will usually be in the student's account the same school day by lunch.

For account balances call 952-681-6570.

If your application is approved for free or reduced, there is no charge for breakfast or lunch.

“USDA is an equal opportunity provider, employer and lender”

SCHOOL MEAL PAYMENT ORDER FORM - Account Balance Information 952-681-6570

MAIL TO: ESC - FOOD SERVICE DEPARTMENT
1350 West 106th Street
BLOOMINGTON, MN 55431

K-5 Lunch	2.65	1-5 Breakfast	1.40
6-8 Lunch	2.90	9-12 Breakfast	1.55
9-12 Lunch	2.95	*Free/Reduced Breakfast	.00
*Free/Reduced Lunch	.00		
Milk Only	.50		

CHECK # _____
Make check payable to: ISD #271

Name _____ School _____ Grade _____ \$ _____
 Last First Middle I

*Must have a current approved application and the student must choose a reimbursable meal to qualify for meal benefits. If a student chooses to bring a meal from home, they must pay for their carton of milk which costs .50, meal benefits do not apply to milk only.